

# LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

Ref.: LPCPS/PRINCIPAL/19-20/......

#### Date: 14/09/2019

### NOTICE STAFF DEVELOPMENT PROGRAMME

The Lucknow Public College of Professional Studies, Lucknow is pleased to organize Staff Development Programme on "MENTORING AND COUNSELING .... key to holistic education" on 16th September, 2019.

Key takeaways of the SDP will be:

- 1. Exposure to the ideas of experts from the eminent personalities of University of
- 2. Learn various methods, tools and techniques of Mentoring and Counseling.
- 3. Through real-life applications understand the importance of Mentoring and Counseling.

#### **Resource Persons:**

- 1. Prof. S. Sen Sharma, Department of Geology, University of Lucknow
- 2. Prof. Sanjay Medhavi, Head of Department of Business Administration, University of Lucknow
- 3. Dr. Shailesh Kaushal, Associate Professor, Department of Business Administration, University of Lucknow

Venue: BJAMC Lab (Block B) - Lucknow Public College of Professional Studies

Prof. Anil Singh Principal

Lucknow Public College of Professional

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#### Copy to:

- Dean Academics
- Director, IQAC
- Academic Coordinator(s)
- All Concerned Departments
- All Notice Boards

# STAFF DEVELOPMENT PROGRAMME



### "MENTORING AND COUNSELLING... key to holistic education"

#### **Resource Persons:**

Prof. S. Sen Sharma

Prof. Shailesh Kaushal Prof. Sanjay Medhavi

Venue: BJAMC Lab (Block B) - Lucknow Public College of Professional Studies Campus

16<sup>th</sup> September, 2019

"Teachers who make the time to prepare themselves to be mentors tend to have more satisfying and productive mentoring relationships than those who do not."

Teachers have multiple roles to play; and to fulfill their roles professionally, they need competence in handling their responsibilities towards students in a variety of situations inside and outside the classrooms. Providing guidance and counselling is increasingly seen as a key component in ensuring the holistic development of students. Teachers who prepare themselves as mentors increase their potential to enhance student growth and development, help students maximize education experiences, and enrich their own teaching experience and professional development. Mentors often report that they gain exposure to new and diverse perspectives, improve coaching and listening skills, find work more meaningful and satisfying, hone desired leadership skills, and often become reengaged professionally.

Becoming a skilled mentor and counselor is a life-long process that places a premium on self-awareness, on a keen desire for personal growth, a sustained passion for learning, and an openness to feedback and the consequent call to adapt and change. Central to this evolution is the core realization that no two people are alike and no two people understand language in the same way — one's understanding will always be linked to one's personal experience of the world. A good educator knows this, and will not try to fit students into a preconceived mould/s but rather help them focus on their emotions, experiences and behavioural patterns to bring about growth and development.

The modern day educational system has advanced for the emotional, physical, psychological well-being of the child. Hence, the Lucknow Public College of Professional Studies, Lucknow organized a one day Staff Development Programme on "Mentoring and Counselling...key to holistic education" on 16 September 2019.

Staff



Presentation of Memento to Prof. S. Sen Sharma



Presentation of Memento to Prof. Shailesh Kaushal



## **Objectives**

- 1. Adults learn best when they are involved in diagnosing, planning, implementing, and evaluating their own learning.
- 2. The role of the facilitator is to create and maintain a supportive climate that promotes conditions necessary for learning to take place.
- 3. Adult learners have a need to be self-directing.
- 4. Readiness for learning increases when there is a specific need to know.
- 5. Life's reservoir of experience is a primary learning resource; the life experiences of others add enrichment to the learning process.
- 6. Adult learners have an inherent need for immediacy of application.
- 7. Adults respond best to learning when they are internally motivated to learn.

### Schedule:

## 16<sup>th</sup> September, 2019

08.30 – 10.00 a.m	: Team Activity
10.00 - 10.15 a.m	: Tea Break

10.15 – 11.00 a.m : Fundamentals of Teaching

11.00 – 12.00 pm : Becoming the Teacher you wanted to be

12.00 – 12.15 pm : Query Session 12.15 Onwards : Refreshment

No. of Participants: 14

**List of Participants** 

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S.N.	Name	ر . ا
1	Dr. Laxmi Shankar Awasthi	A
2	Dr. Vrijesh kumar	,
3	Dr. Ashish Kaushal	
4	Mr. Shivendra Pratap Singh	/
5	Mr. Neeraj Singh	
6	Mr. Saurabh Srivastava	<b>Q</b> 5/
7	Mrs. Vinodini Verma	403
8	Mrs. Aanchal Praveen	
9	Mrs. Saloni Agarwal	Egar
10	Dr.Sanjay Saxena	
11	Mrs. Vibha Singh	Vswah 10
12	Mrs. Daya Shankar Kanaujia	(A) North
13	Mr. Mayank Singh	
14	Mr. Chetan Khanna	lane

Principal
Principal

Principal

Principal

Professional Studies

Cucknow Public College of Professional Studies

Vinamra Khand, Gomti Nagar, Lko.