



**ONE WEEK**

**“TRAINING PROGRAMME ON RESILIENT  
EDUCATORS, THRIVING STUDENTS: BUILDING A  
CULTURE OF CARE IN HIGHER EDUCATION”**

**(For Teaching Staff)**

**Organized by**

***Internal Quality Assurance Cell***

***(IQAC)***

**LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES  
(LPCPS)**

**(Affiliated to University of Lucknow)  
Vinamra Khand, (Near Kathauta Lake)  
Gomti Nagar, Lucknow**

**MARCH 05-10, 2026**

**02:00 PM ONWARDS**

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## **ABOUT THE TRAINING PROGRAM**

The aim of the Training Programme “*Resilient Educators, Thriving Students: Building a Culture of Care in Higher Education*” is to strengthen the resilience and well-being of educators while fostering a supportive and empathetic academic environment. The programme seeks to create awareness about mental health challenges faced by educators and students in higher education. It aims to equip teachers with practical strategies to manage stress, prevent burnout, and maintain emotional balance. The training emphasizes the development of emotional intelligence and compassionate communication for effective teaching and mentoring. It also focuses on promoting learner-centered approaches that recognize diverse student needs. The programme encourages the integration of care, empathy, and inclusivity into daily academic practices. By nurturing resilient educators, it aims to enhance student engagement and overall well-being. Ultimately, the programme strives to build a culture of care that supports holistic growth and academic excellence.

### **EMINENT SPEAKERS**

**DR. SHAILESH SRIVASTAVA**

**Associate Professor, Department of Zoology  
Tripura University**

**DR. DEEPAK KUMAR VERMA**

**Assistant Professor  
Ram Manohar Lohia Awadh University, Ayodhya**

**DR. OM PRAKASH**

**Professor of Practice, Department of Commerce  
Lucknow Public College of Professional Studies**

**Registration Fee- NIL**

**Registration Link- <https://forms.gle/pkXLb5RqqK2jsgUcA>**

**Venue- Computer Lab, LPCPS Campus**

This Training Program will be organized in offline mode only. All the registered participants will get E-Certificate.

**For More Details -**

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