

CHAPTER 2

ENERGY MANAGEMENT SYSTEMS AND IOT

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ABSTRACT

Energy Management Systems (EMS) and the Internet of Things (IoT) are two of the most advanced technological platforms that are going to change how energy will be wielded, consumed, and managed in future homes and industries. EMS refers to a set of procedures, software, and hardware tools that monitor, control, and facilitate the optimal energy usage within a facility or across the entire energy grid. In light of the increasing trend towards involvement regarding environmental issues, energy efficiencies, and cost reductions, energy management systems are crucial for identifying how much energy an organization or individual consumes through consumption pattern tracking, inefficiency identification, and corrective action to eliminate energy waste and minimize costs. In addition, bringing real-time data collection, remote control, automation, and predictive analytics up to the forefront through Internet of Things technology with EMS will enhance much more the efficiency, flexibility, and sustainability that energy management practices will unfold into. The Internet of Things or IoT is about interconnecting almost all traditional everyday local physical devices into a

global network of communications that can collect, exchange, and analyze data independently. The fusion of IoT with energy management systems will yield smart grids, smart buildings, and smart cities in which energy consumption is intelligently managed according to real-time data insights. An energy management system has good features that enable it to take accurate real-time information about energy consumption, and conduct detailed analyses to optimize energy usage. Traditionally, the EMS was based on manual readings and sporadic reports that estimated overall energy usage, creating time lapses and insufficient efficiency in intervention. The advent of IoT, however, has seen energy meters and sensors subjected to observing real-time measures by feeding measurements to central systems, thereby reinterpreting energy management to continuous monitoring systems for analysis. One of the most popular reasons for such an incorporation of IoT into EMS is that energy consumption can be now monitored without any geographical or time limitations. By means of IoT-enabled devices, one can access the energy consumption data irrespective of wherever he is in the world using smartphone, tablet, or personal computer. With this facility, one can observe energy use in physical and even remote locations and then optimally manage energy consumption proactively. For instance, when equipment fails, wastes energy, or operates inefficiently, it can be immediately addressed and remedied. Devices enabled through IoT offer more automation in energy management processes, for instance, heating, cooling, and lighting in buildings gets regulated by IoT automatically based on real-time occupancy data, which optimizes energy consumption and does not require human intervention. Not just energy savings, this level of automation reduces the need to monitor with human observation and potentially frees up a lot of time for energy managers to focus on more critical duties. Another very important aspect in which IoT enhances EMS is predictive maintenance. The collection of IoT sensors checks the health of energy-consuming devices or equipment; hence, the EMS

would be able to make predictions of possible future failures or inefficiencies before it blows into bigger problems. An example would be an embedded sensor that indicates in HVAC systems that dispenses irregularities in energy such as spikes or fluctuations in temperature; it gives out warning that there is faulty equipment or it needs maintenance. IoT-powered EMS solutions provided accurate information on energy consumption by organizations and persons to find where energy wastages happen, correct them, and reduce the amount of energy consumption. Furthermore, IoT opens up pathways for the integration of renewable sources into energy management such as IoT-enabled energy flow management from solar panels or wind turbines, storing surplus energy for some time, and distributing it according to demand.

2.1 INTRODUCTION

Today, energy management is a burning issue facing mankind considering sustainability requirements, cost-saving, and efficiency needs. Increasingly, as energy demand increases from industrial settings, businesses, and buildings, so has the shift in the way countries have attempted to optimize the use and wastage of energy. EMS is an organized and efficient approach in energy usage that enables individuals or organizations to monitor consumption, find inefficiencies, and adopt strategies to reduce energy costs and environmental impacts. As organizations place more value on energy efficiency and sustainability, so have the demands on modern solutions to energy management increased with IoT as a major driving force towards making modern EMS productive. Internet of Things is a paradigm shift that connects physical devices present in every household to the internet with the intention of allowing communication between devices and a centralized control system, resulting in real-time data collection, analysis, and exchange. IoT devices are mostly powered by sensors, actuators, cloud computing with communications like Wi-Fi, Bluetooth, Zigbee, etc. This is the basis of achieving internet data transmission and remote monitoring/control. While IoT and EMS together offer some capabilities, which were impossible in the past, they are able to provide continuous monitoring of energy consumption in real-time applications by IoT devices. This is a huge step forward compared to the past, where energy management used methods that included manual data collection and periodic

reports of energy consumption. With the rollout of the new system in which the energy management solution integrates IoT technology into energy processes, energy relations are now getting smarter, responsive, and efficient, offering a complete automated approach to energy management in the near future. The same concept of IoT is rampant in almost all industries, be it manufacturing, agriculture, health, or transport; all have optimized their operations through this improved efficiency via decision making based on data-to-data insights. Likewise, the energy sector also looks up to this new technology for revolutionary approaches to energy management because it revolutionizes the whole process of energy monitoring, consumption, and optimization. Smart meters, sensors, and IoT-enabled devices implement this transformation based on the premise that they deliver the data concerning energy usage in real-time, analysis, and internalize decision-making along such data.

The new system is now in effect where the EMS integrates IoT technology into energy; thus, energy relations become smarter, responsive, and efficient to offer a more holistic automated approach to energy management in the future. The same concept of IoT is rampant in almost all industries; manufacturing, agriculture, health, or transport, all have optimized their operations through this - improved efficiency in operation and decision making based on data-to-data insights. The same applies to the energy sector, which looks up at the freshly integrated technology for modernizing energy management through the changed way of energy measurement, consumption, and optimization. Smart meters, sensors, and IoT-enabled devices carry this transformation according to delivering real-time data on energy usage, analytics, and then internalized decision-making along such data. With this information, one can now determine the patterns in terms of energy consumption, make identifications of inefficiencies, and optimize energy distribution, ultimately achieving better efficiency in energy usage. Continuous collection of information warrants an IoT device in furnishing a much clearer picture both on how energy consumes and where improvements might be made possible. One of the primary benefits that IoT brings along in integrating with EMS is the automation of many aspects of energy management. Traditionally, when there is an energy management system (EMS) available, the human being has to intervene for adjustments. Examples of these include controlling HVAC systems, lights, and other energy-consuming devices where the human presence is always needed for adjustments. With an IoT-powered EMS, however, automation can now be achieved based on real-time information. Also, it helps avoid the waste of energy since shutting off or adjusting device settings can proceed automatically at

an undesirable usage time, thus saving costs and reducing the carbon footprint. Beyond automation, real-time monitoring to get insights into energy consumption, which would have been otherwise very tricky to access, becomes possible thanks to IoT devices, for example, the identification of the peak energy consumption periods, allowing for load-shifting strategies whereby energy use can be distributed over a longer period instead of relying on a one-stop Jampacked pre-set based on the actual amount of energy used; reducing a lot of pressure on the grid and preventing the dreaded burning of those often underutilized spots. Importantly, this also falls within the realm of the energy-demanded areas, thus efficient balancing of supply and demand delivered. More so, the renewables like solar and wind energy can be incorporated within an IoT-Powered EMS so that we can maximize the use of available green energy.

2.2 ENERGY MANAGEMENT SYSTEMS

Energy Management Systems (EMS) are such powerful instruments for optimizing consumption that concerns about their sustainability, the cost of energy, and the environmental consequences, have now made it a necessity. These systems especially fitted in buildings, factories, and even homes allow organizations or individuals to use them to track, control and optimize energy consumption activities within their walls. They are really important in making sure that people or organizations use energy more efficiently, reduce operational costs and achieve their sustainability targets. Moreover, since the introduction of such technologies, particularly the Internet of Things (IoT), the efficiency of these systems improves almost constantly because of real-time data collection, automation, and predictive maintenance, creating smarter and more responsive energy management solutions. An EMS will include hardware and software components that can function seamlessly in the monitoring of energy consumption, detection of inefficiencies, and providing feedback on remedial action in real terms for energy optimization. The three principal functionalities are data acquisition, data analysis, and control. Sensors and smart meters collect energy usage data processed in a central processing unit to identify patterns and trends. Such data contribute critically to the identification of inefficiencies or overutilization areas in an organization (Dufresne & Mathew, 2020). In this way, the system sends commands for control of energy-consuming devices like lighting systems, HVAC, and machinery, manipulating them from high operation to low output so that no unnecessary energy is used when an unoccupied space, or function, is not used. The main objective of EMS is probably the energy efficiency increase by waste reduction and optimization of

energy consumption. There are different EMS strategies—the most common include load shifting, peak shaving, and demand response. Load shifting would indeed mean shifting the use of energy to different time periods to avoid load demand peaks, which generally coincide with high electricity prices because the grid is under stress. Peak shaving, on the other hand, concerns trying to minimize energy consumption at high demand periods so that consumption does not exceed the energy grid capacity and not cause risk to blackouts (Feng & Tang, 2021). Demand response strategies are also capable of influencing businesses and householders to adjust their energy usage, depending on price signals or grid conditions, which will be made in the form of incentive schemes for reduced consumption during periods of high demands. Another very important functionality is fault detection and predictive maintenance of an energy management system. This way, fault detection and corrective or preventive maintenance would be achieved much earlier before the occurrence of any failures in the system or significant losses in energy. For example, it could be employed in fact within the machinery operations in the factory to monitor energy as being consumed as well as detect any unexplainable causes in energy consumption patterns that could point or influence toward malfunctioning or underperforming systems. Predictive maintenance results in the early resolution of such issues before they lead to costly repairs or downsizing of the system, and hence, it increases the reliability and efficiency of energy systems (Tavakkol & Gholizadeh, 2019). Furthermore, the optimization of machinery operation leads the equipment maintenance program towards the extension, as well as cost-effective postponement stays for machine replacement. One of the important functions of EMS is its ability to real-time monitoring and reporting functionality. Data relating to energy usage were either recorded voluntarily or at intervals and did not give this kind of live assessment of energy used through traditional ways of managing energy. In contrast, with EMS, data collection is continuous and is analyzed in real-time, thus allowing for understanding how energy is utilized in the whole facility or building during its usage. Hence, energy managers can apply real-time changes on the consumption of energy and respond almost immediately to malfunctions or inefficiencies. Real-time reporting also enables organizations to track their progress toward sustainability goals while spotting trends in energy use and ensuring compliance with energy efficiency regulatory requirements (Akinmoladun et al., 2021). Apart from operational efficiency, EMS are also vital to supporting organizations' sustainability initiatives. With energy consumption data, organizations can determine areas of energy wastage, thus correcting such unwholesome practices to reduce their environmental footprint. Microgrids manage renewable energy sources, like solar and wind power,

also by facilitating and managing dynamic energy generation and storage. For example, during periods of low energy demand, it can even use renewable surplus energy to store it in batteries or other storage options for further use, reducing power generation from fossil fuel-powered plants. Managing renewable resources is the requirement of organizations by which they plan to develop their carbon footprint and move toward more sustained energy practices (Yang et al., 2020). The Internet of Things embedded into EMS intensified many functions for becoming "smarter" and "more responsive" energy management systems. IoT means the interlinked network of devices and sensors for collecting, sharing, and analyzing real-time data. Combined with EMS, it allows the continuous monitoring and controlling of an energy system, with finer insight into the usage pattern of energy. Because of automatic adjustment according to the state in real time, IoT devices transmit information into the EMS from smart thermostats, lighting controls, and energy meters. For example, sensing occupancy in a building, IoT sensors, along with the combustion or lighting systems within these areas, automatically removed the energy wastages in unoccupied areas (Omar et al., 2021). Organizations do use renewables optimally to achieve maximum resource utilization while they realize a way of cutting their carbon footprint and switching to favorable energy practices (Yang et al., 2020). Combination of IoT and EMS to amplify their functions, making them smarter and more responsive energy management systems. The Internet of Things (IoT) is a collection of all networked devices and connecting sensors which collect, share, and analyze data in real-time. By combining IoT with an EMS, continuous monitoring and regulation of energy systems can occur, producing fine insights into energy usage patterns. The three automatic adjustments that control the lights, smart thermostats, and energy meters send information to the EMS, based on real-time conditions. For example, capturing occupancy in a building, IoT sensors will automatically adjust heating or lighting systems to ensure the energy wastage does not occur in unoccupied areas (Omar et al., 2021).

2.3 INTERNET OF THINGS (IOT)

The Internet of Things (IoT) will be one of the most modern and probably one of the most revolutionary technological advancements in the present era. IoT is, at its heart, all about the attaching of physical devices like vehicles, appliances, and even other objects to sensors, software, and other technologies for their interconnection and ability to exchange data and network with centralized systems over the internet. Connected devices are multiplying rapidly; thus, IoT is an ever-changing thing with all that it can do for various industries and potential markets as it makes everyday

life easier. The operation of the IoT framework is made possible by integration between a number of components such as devices (sensors, actuators), connectivity (network protocols such as Wi-Fi, Bluetooth, Zigbee), data processing (cloud computing or edge computing), and user interfaces (applications, dashboards). These devices are furnished with sensors that take data from the surrounding environments- whether such data is environmental, like temperature, humidity, or even motion; or operational data, such as energy usage, pressure, or speed. Gathering such collected data is transmitted over a network to either a cloud-based platform or a local processing unit for analysis and processing. The insights from these data could also lead to an action or reaction: alerting, adjusting settings or automating processes (Atzori et al., 2010). One of the strong reasons why IoT becomes effective in very different industries is this fluid movement of data and decision-making skills. In the consumer world, IoT has brought about a big revolution regarding how households would be able to live smarter. Smart thermostats, wearable health monitors, and even voice-activated assistants have become very common household items everywhere. Learning users' climates over time and applying that to determine when to change the temperature are some of the most useful features of these devices. It is very easy to understand how these devices can make life just a little bit easier, as well as accurately informing people with on-the-spot information, resulting in improved quality of life and health outcomes. Such a predictive extension would be much beneficial in other sectors, for example transportation, where vehicles with IoT capabilities can offer informative details about fuel consumption, health status of the engine, and driver behavior. These lead to benefits such as helping companies in fleet management. Optimized routing and reduced fuel consumption will provide a significant savings. Agriculture is among those sectors that benefit from IoT applications. Real-time information about field operations will be collected through IoT devices like soil moisture sensors, temperature monitors, and weather stations to improve yields, reduce the amount of water required, and better apply fertilizers and pesticides. For example, it is possible that monitoring of soil conditions remotely may lead to changes in irrigation scheduling in order to supply just what is needed for crops' water while wasting as little as possible and ensuring sustainability. Similarly, one can improve livestock management by IoT-enabled devices, which will track health and movement activities of animals and inform farmers about health conditions before they become a wider threat (Wolfert et al., 2017). These technologies, then, will be very relevant in meeting increasing food demand due to continued population growth in the world and all at a much lower environmental footprint.

2.4 BENEFITS OF COMBINING EMS AND IOT

Energy Management Systems (EMS) and the Internet of Things (IoT) together create an efficient strategy for improving the efficiency of operations and sustainability. Integration of IoT with EMS naturally takes advantage of the real-time, data-oriented features of IoT devices to improve the entire monitoring, management, and control of energy use. This synergy would not only enhance but also provide a cost-saving measure, contribute towards sustainability goals, and reduce downtime of operations while ensuring that energy management systems become smarter and more autonomous. To most businesses, industries, or consumers, this relationship has offered better ways of managing energy consumption without harming the environment. One real-time monitoring and control of energy consumption is the combining benefit of all energy management systems with IoT. Most energy management systems still rely on overrated methods like manual data collection or periodic monitoring, which implies I'm missing the real value of optimization. For instance, it can be used to understand energy consumption patterns in the HVAC, lighting, and machinery systems and make sure that they are only utilized when actually required and make changes to set points based on real-time information, such as occupancy levels or ambient temperature. Such real-time features lead to huge savings appended to costs too. Cost of energy is a significant part of the operational expenses in commercial and industrial enterprises. With IoT devices providing granular detail of the usages of energy, now people can find patterns and trends that were earlier difficult to discern by the EMS. It tells the business about the points of presence of energy wastage or inefficiency, which could be unnecessary running of equipment, overcooling of space by HVAC systems, etc. This information would help the companies in making better decisions about when and how to run energy-consuming systems, reducing total usage and therefore the energy bills. Real-time energy consumption control also keeps organizations from peak energy pricing and thus saves money (Feng & Tang, 2021). Predictive maintenance is yet another important advantage of IoT being integrated with an Energy Management System (EMS). Existing EMS maintenance have been on scheduled basis and on binaries. in other words, reactive. Whenever equipment malfunctions or fails, such maintenance techniques deal with it. Mostly such maintenance techniques cause unnecessary downtime, higher machinery repair charges, and unaudited energy losses. Integrated with EMS, however, when such IoT devices are enabled within the EMS, they will have been able to monitor and notify in real-time about the health status of certain equipment by pointing out any anomaly or inefficiency that might indicate a future defect.

Energy often represents a significant portion of costs in commercial and industrial operations. With detailed information on how energy is consumed from IoT devices, the EMS can identify patterns in the consumption that were earlier considered hard-to-detect trends. This data helps a business to analyze the points where energy is being wasted or not being used efficiently, such as equipment that is running unnecessarily, or HVAC that is overcooling spaces. The new evidence enables businesses to make better decisions on running energy-consuming systems, reducing usage, and therefore costs of energy bills. It also helps organizations with real-time control to avoid peak pricing of energy, therefore, saving costs (Feng & Tang, 2021). Predictive maintenance is another key benefit from IoT convergence with EMS. The existing maintenance of an EMS is on a cyclical basis or reactive on the event of malfunctions and eventual failure of equipment. It results in costly unnecessary down time and generates energy losses that could have gone unnoticed. Integrated with EMS, however, when such IoT devices are enabled within the EMS, they will have been able to monitor and notify in real-time about the health status of certain equipment by pointing out any anomaly or inefficiency that might indicate a future defect. For instance, by utilizing IoT sensors to monitor performance from motors to pumps to compressors, upon detecting any irregularities in behavior-such as increased energy consumption or abnormal vibrations-the EMS can either alert or automatically adjust settings to mitigate the issue (Tavakkol & Gholizadeh, 2019). . By IoT-enabled predictive maintenance, organizations can avoid the risk of having these problems crop up before they lead to expensive breakdowns and increase the lifespan of their main equipment by exposing or avoiding energy losses associated with malfunctioning equipment. The EMS-IoT combination also plays an equally important role in supporting sustainability initiatives. Organizations are becoming more and more pressurized to decrease their carbon footprints and comply with regulations. Thus renewed attention shifted IoT with EMS to ensure the monitoring and management of energy consumption considering the organizational sustainability verticals. An IoT device has the capability of delivering energy consumption information from renewable sources, such as solar panels or wind turbines, in real time, as well as that of energy generation. With such sort of data, businesses can optimize their utilization of renewable energy by storing extra energy for use later in a battery or other energy storage system, generated during the off-peak hours (Yang et al., 2020). In addition, the synergy of EMS and IoT has allowed organizations to save on wasting energy while operating under real environmental conditions, such as outside temperature or occupancy in buildings, thus increasing the total energy-efficiency of the system. Again, IoT-based EMS has demand response programs,

crucial in testing the peaks of energy consumption. Demand response is a practice that enables utilities to reward businesses and consumers with accounts for reducing or shifting their energy usage when they are called for high-demand periods, allowing for less choking from the energy grid and blackouts. IoT-enabled EMS will automatically shift the energy consumption of its consumers according to real-time grid conditions of price signals or demand spikes without human intervention. Furthermore, companies can also offer some financial benefits in the forms of rebate or compensation for participating in demand response programs during high-demand periods. Furthermore, the combination of EMS and IoT has improved the experience of the user through improving reporting and analytics accuracy. Obviously, there is bound to be continuous collection of data by all IoT devices regarding energy consumption and performance; thus, producing increasingly detailed reports through EMS that provide deeper insights into trends and patterns regarding energy consumption. Such trends would lead energy managers and decision-makers to knowledge-based decisions with regard to energy usage and efficiency. That is, the EMS can offer predictive insights into future energy needs and help organizations to adjust their strategies according to energy use rather than reactively addressing it when the issues arise as (Omar et al., 2021). For instance, energy managers could have the capability of forecasting future energy consumption based on historical consumption data so that more accurate budgeting and resource allocation can take place. Moreover, IoT-enabled EMS can integrate with other smart technologies that facilitate the holistic approach toward energy management. In smart cities, for instance, it would enable integration as a single platform for various systems like transportation, lighting, and waste management concerning the EMS and IoT. The incorporation of multiple interconnected pathways has now allowed for the optimum use of energy-specific sectors in better controlling the processes. This will thus lead to better resource distribution, reduced wastage, and improved overall efficiency. Such provisions would enable tying EMS to the IoT where devices adjust their parameters from real-time data, eliminating the requirement for human intervention and adding value to their operational efficiency. Thus, however, EMS and IoT contributions enable greater capability in energy resiliency. This IOT-enabled EMS continuously monitors changes in energy systems and conditions traditionally referred to as environmental ones and provides better identification and response to the disruption of energy infrastructure vulnerability. In other words, with the introduction of connectivity, multi-sectoral energy use has become more coordinated and efficient in using resources for better distribution, reduced wastage, and overall efficiency. Another benefit one could achieve through

the integration of EMS and IoT denotes automation in the sense that devices need to be set autonomously on real-time data eliminating human input that could add value to the efficiency of, for example, intervention.

2.5 FUTURE TRENDS AND INNOVATIONS

The coming times in Energy Management System (EMS) and the Internet of Things (IoT) is wild with technologies that will transform how energy is produced, consumed, and managed. With an increasing focus on sustainability and efficiency, industries, governments, and consumers alike will benefit from monumental advances that will be a continuing feature in the integration of IoT with EMS in the coming global energy future. These trends and new technologies will increase the dramatic changes in terms of energy sustainability-energetic consumption patterns, grid resilience, and lower carbon emissions, and ultimately lead to a better sustainable ecosystem. Most of the future trends emerging in the convergence of EMS and IoT systems are centered around the growing development of artificial intelligence (AI) and machine learning. These systems will invariably transform energy management through predictive-, optimizing-, and automating-energy consumption activities to levels of accuracy previously thought unattainable. AI and machine learning algorithms are also able to analyze a large pool of data generated by IoT sensors to draw patterns and predictive statements for energy demand or malfunctioning equipment based on historical data. Such a predictive capability is key especially in high energy consuming industries such as manufacturing where AI can optimize energy consumption by varying equipment settings as per live updates thus saving on energy waste and ensuring optimal energy efficiency (Vourvopoulos et al., 2020). Moreover, integrating AI into smart grids helps in better demand forecasting, load balancing, and real-time fine-tuning of energy distribution to achieve more efficient and stronger energy systems. Enhanced edge computing is another future groundbreaker. Cloud platform analysis is the traditional mode employed by IoT devices in relaying data sent from devices to the network. However, as the number of connected devices grows, there is increased data traffic. This rise in data brings bandwidth and latency associated issues, plus security issues. The definition of edge computing includes a shift where data would be processed at the "edge" of the network, closer to the data source than depending on a centralized cloud server. This would increase processing speed while saving on bandwidth, resulting in the increased efficiency of energy management systems in the network. This could also mean that it would involve faster realization of decisions on energy usage that are real-time adjusted to reduce

the time taken by the system. To keep the responsiveness of the energy management system in dynamic environments, such as in industrial plants or smart cities, latency should be obviated (Shi et al., 2019). Edge computing in smart homes would enable instantaneous control of heating and lighting systems based on occupancy and environmental conditions. The integrated use of renewable resources into energy systems remains another area that will experience much future innovation. It is already clear that the shift from fossil fuels-based sources of energy, such as coal and gas, to renewable sources such as the sun, wind, and water, is near completion. Challenges lie in effectively combining these transient energy sources with existing grids. However, IoT and EMS would, combined with advanced energy storage systems, play an important role in overcoming these challenges. EMS could use real-time data from IoT sensors to monitor renewable energy generation and consumption patterns, identify them, and adjust them for optimal renewable energy utilization. For example, when solar or wind energy generation is maximized, stored energy from other grid sources or energy storage systems will be used prior during system-wise renewable operations on low production periods (Zhou et al., 2020). IoT-enabled energy storage systems would also monitor cycles for charging and discharging batteries for optimized performance and lifespan, thus assuring renewable energy acceptance over the long term. Another future technology that is gaining foothold and which would have an impact in the areas of EMS and IoT is blockchain technology. The decentralized nature of the blockchain and its ability to securely record transactions and data without the necessity of relying on middlemen make it an ideal fit to improve transparency, security, and efficiency in energy management. Concerning an EMS, this could mean for example making secure, tamper-proof records of energy consumption and transactions such as peer-to-peer energy trading or energy shared between consumers. This, of course, allows more decentralized energy markets where individuals or businesses that hold extra renewable energy in stock could sell that surplus or share it with others. Such pathways, therefore, direct how blockchain technologies could be used to develop transparent, efficient systems in the EMS sphere on energy trading and consumption thus boosting grid efficiency and uptake of renewable resources (Sakellariou et al., 2020). IoT and EMS will start getting even tighter from that perspective. In fact, they are moving toward really intelligent self-healing energy networks. Future smart grids will be fully automatic, housing IoT sensors across the grid, monitoring energy flow, identifying where it might have faults, and improving performance. So those sensors would now provide real-time data for grid operators to quickly respond to disruptions and even predict them beforehand. During faults, smart grids with IoT sensors and

EMS could reroute the energy supply automatically, restoring power at the affected point and minimizing downtime. Beyond that, the application of Machine Learning and AI inside smart grids will also enable predictive maintenance for better management of distributed energy resources (DERs), which are mostly solar installations, wind generators, and battery storage systems. Fast urbanization leads cities progressively to adopt solutions driven by the Internet of Things (IoT)- to improve sustainability, efficiency, and the quality of life for the residents who live there. An intelligent city has IoT sensors integrated into everything, from streetlights and traffic systems to waste management and energy networks.

2.6 CONCLUSION

By combining these two aspects, an endless list of benefits starts with real-time monitoring and control and ranges to savings, predictive maintenance for household appliances, and, most importantly, renewable energy integration. As a result, the mainstream economy continues to seek improved ways of minimizing environmental impact while optimizing energy consumption in all aspects of their activities; thus, this integration offers the potential for many improvements going forward. Thus, this means that it will set a higher efficiency bar with redefined meaning in how energy is used, managed, and even distributed among different sectors. The prime benefit of dovetailing IoT with EMS is the rare breakout feature in providing real-time energy monitoring and data analysis. With IoT sensors, energy consumption could inform itself to cloistered minutiae, hence allowing instantaneous reading for EMS in order to adjust energy usage. This ability avails an opportunity for real-time intervention whereby immediacy detection and correction of inefficient practices and equipment actually result in significant savings; thus, it becomes to all industries, commercial buildings, and households. Such dynamic and continuous energy management optimizes usage, cuts down on waste, and saves costs. These include the "intelligent lighting and heating systems," which are supervised according to the data of real time occupancy and environment monitor to operate only when really needed and thus take great energy expenditures savings with adequate comfort. It has further been added that in addition to all these benefits, predictive analytics made possible due to artificial intelligence and machine learning technologies will up the ante when it comes to EMS's ability to predict and prevent failures and inefficiencies. With regard to production equipment performance, IoT-enabled EMS could conclude the wellness status of energy-consuming devices and provide information about anomalies and wear-and-tear which might indicate that maintenance or replacement might be needed. This

predictive maintenance could prevent equipment downtime and prolong the lifecycle of key machines while keeping energy consumption optimized even during system failures. Predictive maintenance will turn the industrial world towards less disruption in operations, fewer unscheduled repairs, with overall operations running more efficiently. Moreover, there is definitely a value in focusing on sustainability benefits from IoT-enabled EMS. With the world under such scrutiny to respond to climate change and more difference made toward attaining sustainability, energy management technologies will be critical to instituting and upholding all green policies. Technological advances make it feasible for IoT systems to monitor production and consumption in real time, which will greatly contribute to increasing sustainable energy through renewable sources into the energy mix. With renewable energy generation monitoring, an IoT-powered EMS will support the use of green energy when it becomes available and limit its dependency on non-renewable sources, while it also will cut down its carbon footprint. In addition, these systems can optimize energy storage systems, so that surplus renewable energy can be diverted in the future or spread over the grid when needed. This is a more balanced and dynamic management of renewable energy towards a more sustainable, cleaner energy ecosystem while supporting all global efforts towards reducing emissions. In addition to optimizing the way renewable energy is consumed, future development of smart grids will also engage the integration of IoT with EMS, resulting in networks that are capable of healing themselves and adapting in real time to fluctuating energy demands—autonomous, self-healing networks. Smart grids with IoT sensors can monitor energy flow, detect faults, and automatically reconfigure as conditions change. Intelligence in these types of grids will also create a more resilient and adaptable electricity distribution system to ensure power delivery even during outages due to either natural catastrophes, cyberattacks, or equipment breakdowns. At smart cities, for example, EMS will manage energy consumption in a variety of urban services from street lighting and public transportation to waste management and provision of water supply. Such systems activated with IoT can define the energy demand of these services and adjust them dynamically to avoid energy wastage and guarantee the most productive use of resources. Implementing the aforementioned strategies, the smart streetlights that will automatically dim and brighten depending on traffic conditions and time will conserve energy, while it can also have IoT sensors in a waste management system, which can help optimize the route of garbage trucks to reduce their fuel consumption and emissions. Smart cities created with such technologies tied together by an EMS will realize much more sustainable and efficient urban environments to the benefit of residents and with lesser

environmental impacts. The integration of EMS with IoT can revolutionize energy markets as it creates decentralized and flexible systems. One of the attractive trends on the horizon is going to be applied with the use of blockchain technology - peer-to-peer energy trading. In the case of consumer and businesses equipped with IoT devices for real-time monitoring, excess renewable generation can be sold to other consumers or businesses using blockchain-enabled platforms, to ensure the transactions are safe, transparent, and efficient while eliminating all intermediaries.

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