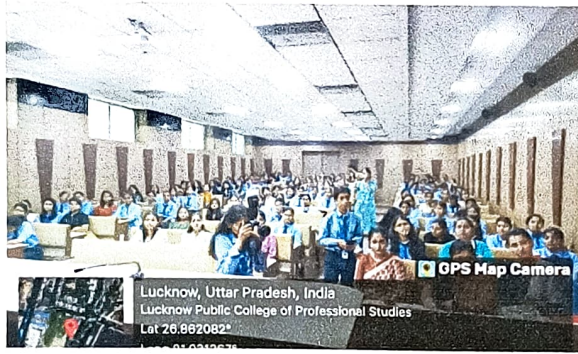


Awareness Campaign on Menstrual Hygiene

Date: 06/ 10/ 2023



According to the World Health Organization, around the world, 1.8 billion women menstruate every month, yet at least 500 million of them—mostly in developing countries—lack the knowledge and means to manage their menstrual health safely and with dignity. The same study revealed that 71 percent of adolescent girls remain unaware of menstruation until their first menstrual cycle, affecting their health, confidence, and self-esteem.

NSS Unit of Lucknow Public College of Professional Studies organized a session for the girls students of LPCPS so that they can get aware about the menstrual hygiene. The awareness session was given by Dr. Pratibha Sachan (MBBS, DGO Gynecologist and Infertility

consultant CNS Groups of hospital). All the girl students got aware about menstrual hygiene and sanitary pads were also distributed among the girls. The objective of the program was to enhance the knowledge regarding menstrual hygiene and increased the awareness among the female girls of LPCPS about menstrual hygiene.



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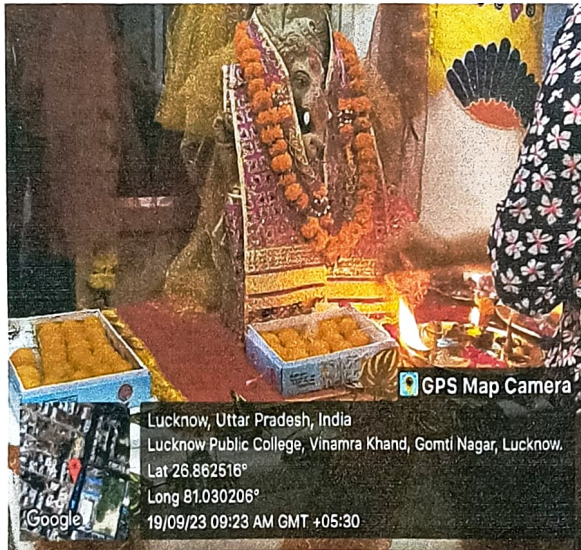


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GANESH CHATURTHI

Date: 19th SEP, 2023

The auspicious Hindu festival of Ganesh Chaturthi is celebrated annually with pomp in India. Also known as Vinayaka Chaturthi or Ganesh Utsav, the day marks the birth of Lord Ganesha and is observed for ten days by devotees. It falls annually on the Chaturthi tithi of Shukla Paksha. The last day of the 10-day celebrations is marked as Ganesh Visarjan.



On this day, devotees immerse Lord Ganesha's idols in water. While Ganesh Chaturthi is commemorated all across the country, it happens on a grand scale in Maharashtra,

As Lord Ganesha steps into his space and time, we here, at LPCPS welcome his homecoming on this auspicious day, praying for knowledge, peace and prosperity. Here's an offering him love and devotion and welcoming his aura into our beings.

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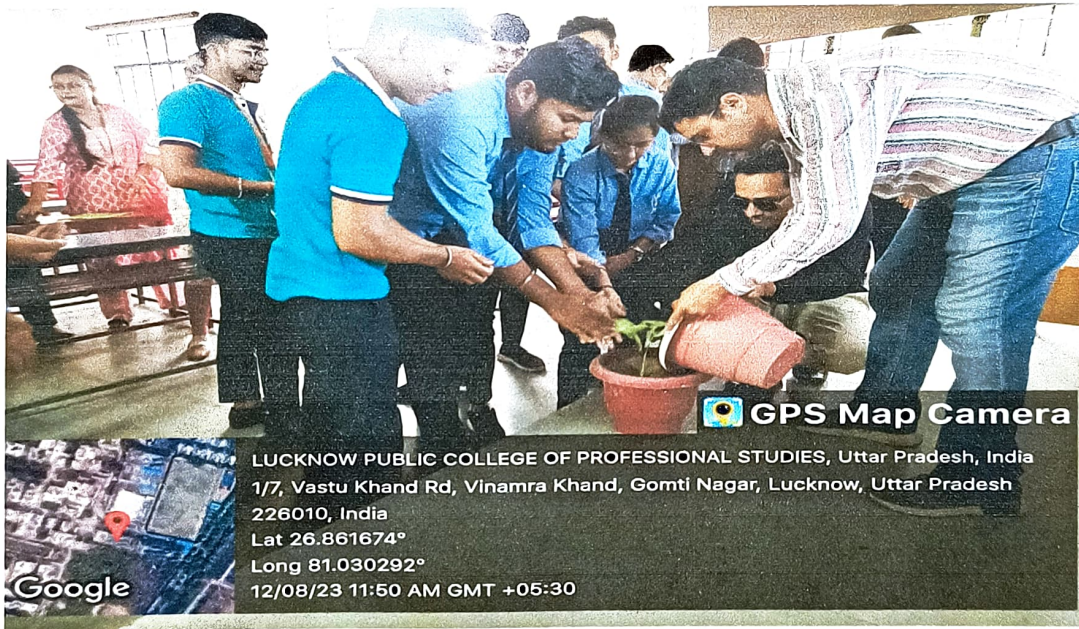
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**MERI MAATI MERA DESH
MITTI KO NAMAN, VEERON KA VANDAN**

**मेरी माटीमेरा देश
मिट्टी को नमन, वीरों का वंदन**

Date: 12/ 08/ 2023

Celebrating Azadi Ka Amrit Mahotsav ahead of the Indian Independence Day, NSS Unit Lucknow Public College of Professional Studies held a Oath Taking Ceremony at college campus on August 12, 2023. On this occasion, students and teachers took soil in their hands and planted trees, and took selfies and photos of that moment paying tribute to mother nature. Later, the clicks were uploaded on the government's web portal <https://merimaatimeradesh.gov.in>.



भारतीय स्वतंत्रता दिवस से पहले आजादी का अमृत महोत्सव मनाते हुए, एनएसएस यूनिट लखनऊ पब्लिक कॉलेज ऑफ प्रोफेशनल स्टडीज ने 12 अगस्त, 2023 को कॉलेज परिसर में शपथ ग्रहण समारोह आयोजित किया। इस अवसर पर, छात्रों और शिक्षकों ने अपने हाथों में मिट्टी ली और पेड़ लगाए, और प्रकृति माँ को श्रद्धांजलि देते हुए उस पल की सेल्फी और तस्वीरें लीं। बाद में, क्लिक को सरकार के वेब पोर्टल <https://merimaatimeradesh.gov.in> पर अपलोड किया गया।

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Har Garh Tiranga

Date of activity: 15 / 08 / 2023

Radiating the colors of unity and reverence! The NSS unit of Lucknow Public College of Professional Studies illuminated the Har Ghar Tiranga Campaign 2023 with their unwavering enthusiasm. From spreading awareness to distributing flags to every Indian out there so that the Tri- Colour keeps flying proudly, their active participation echoed the campaign's call for national pride and remembrance.

Together, we stand strong

एकता और श्रद्धा के रंग बिखेरते हुए! लखनऊ पब्लिक कॉलेज ऑफ प्रोफेशनल स्टडीज की एनएसएस इकाई ने अपने अटूट उत्साह से हर घर तिरंगा अभियान 2023 को रोशन किया। जागरूकता फैलाने से लेकर वहां हर भारतीय को झंडे बांटने तक, ताकि तिरंगा गर्व से लहराता रहे, उनकी सक्रिय भागीदारी ने राष्ट्रीय गौरव और स्मरण के लिए अभियान के आह्वान को प्रतिध्वनित किया।

साथ मिलकर, हम मजबूती से खड़े हैं!



Ashish

Principal

Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow