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**LPCPS**  
LUCKNOW PUBLIC COLLEGE  
OF PROFESSIONAL STUDIES

## LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

Ref.: LPCPS/PRINCIPAL/23-24/.08./08

Date: 22.03.2024

### NOTICE

This is to inform all the faculty members and students that the Research and Project Development Committee is organizing one day seminar on:

**Topic: "ADDRESSING THE RISE OF MENTAL HEALTH CHALLENGES IN TODAY'S SOCIETY: STRATEGIES FOR SUPPORT AND PREVENTION".**

**Date: March 28, 2024.**

**Venue: Conference Hall of College.**

**Timing: 11:30 AM onwards**

Interested faculty members and students can register through Google registration form given below:

**REGISTRATION LINK:**

For Students: <https://forms.gle/yvaBaChkV7DeWaSZ6>

For Faculty: <https://forms.gle/QQwAMsbWroXG4qS79>

For further details kindly refer to the brochure attached with this notice.

You can also contact **Dr. Anand Kumar Rai (9453302061/8787224265), Deputy Head of Research and Project Development Committee.**

Dr. Anil Singh,  
Principal, LPCPS

Lucknow Public College of Professional Studies  
Vinamra Khand, Gomtinagar, Lucknow

#### Copy to:

- Director, IQAC
- Dean Academics
- HOD(s): All Departments
- Academic Coordinator(s)
- All faculty members
- All notice Board

## INVITED SPEAKER



**Dr. Shailesh Srivastava**  
Associate Professor  
Department of Zoology

## ABOUT THE SEMINAR

This One Day Seminar on "Addressing the Rise of Mental Health Challenges in Today's Society: Strategies for Support and Prevention" is organized to raise awareness and provide actionable strategies to address the growing mental health issues prevalent in today's society. This seminar aims to equip participants with the knowledge and tools to identify early signs of mental health challenges, offer support to those in need, and implement preventive measures. By fostering an open dialogue and providing evidence-based information, the seminar seeks to create a supportive environment within educational institutions, promoting mental well-being and resilience among students and faculty alike.

## MANAGING BOARD

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**Dr. S.P. Singh**

General Manager,

Lucknow Public College of Professional Studies,  
Lucknow

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Director, LPCPS

### Copatron

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Dean Academics, LPCPS

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Associate Professor and HOD

(Department of Computer Science)

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(Department of Management)

**Dr. Taru Gupta**

(Department of Commerce)

**Mr. Mohit Kumar Maurya**

(Department of Commerce)



**LPCPS**  
LUCKNOW PUBLIC COLLEGE  
OF PROFESSIONAL STUDIES



## ONE DAY SEMINAR

ON

## ADDRESSING THE RISE OF MENTAL HEALTH CHALLENGES IN TODAY'S SOCIETY: STRATEGIES FOR SUPPORT AND PREVENTION

Organized by

*Internal Quality Assurance Cell (IQAC)*

**LUCKNOW PUBLIC COLLEGE OF  
PROFESSIONAL STUDIES (LPCPS)**

(Affiliated to University of Lucknow,  
Lucknow, U.P., India)

Vinamra Khand, (Near Kathauta Lake) Gomti  
Nagar, Lucknow

**Date: March 28, 2024**

**Time: 11:30 AM onwards**

*Principal*  
Lucknow Public College of Professional Studies  
Vinamra Khand, Gomtinagar, Lucknow



## ABOUT THE ORGANIZING CITY

Lucknow is the capital of Uttar Pradesh, also known as the 'Golden City of the East', is situated on the banks of river Gomti. It is fondly called the 'City of Nawabs' and famous for its 'Tehzeeb'. Lucknow has various monuments and historical feel attached to it. The city is extremely popular for Chicken and Zardozi embroidery work. Its literacy rate is much higher than what it is in the rest of the state too. All this has ensured its prominence as a center of business and industry, education and research as well as tourism.

## ABOUT THE ORGANIZING INSTITUTION



Lucknow Public College of Professional Studies, Lucknow, established in 2009, is a private and multidisciplinary college, affiliated to University of Lucknow, situated at prominent and approachable location at Vinamra Khand, opposite Kathauta Lake, Gomtinagar, and Lucknow. The college was established under the aegis of Lucknow Public Educational Society, A-Block, Rajajipuram, and Lucknow.

## VISION

Excellence for all, Excellence from all is the epitome of our academic eco-system. In a caring and positive environment, the college provides education to enrich its students to manifest their full potential, to achieve high standards of excellence in academic society, research and hands-on projects as well as in supportive areas of physical, cultural and social development, inculcating civic and human values.

## MISSION

To nurture individual talent to optimize their full potential and to inculcate professional, social and cultural values through holistic approach by providing world class education. LPCPS is one of the most coveted institutions for admission for Under-graduate programmes in Northern India. The institute brings together knowledge; research and industry experience at one place and confers upon its graduates professional degrees which are recognized globally.

The professional degrees are offered after the successful completion of the undergraduate programmes which are approved by UGC and other statutory bodies overseeing the running of universities and colleges in India. The degrees are affiliated to the University of Lucknow, one of the oldest and renowned

government owned institution of Indian Higher Education.

The LPCPS board is comprised of highly qualified, enthusiastic and passionate faculty members who are involved in delivering, enriching and empowering students enrolled in various programmes/fields viz- Computer science, Commerce, Management and Journalism, contributes to remarkable and tremendous efforts in shaping and transforming aspirants into Business Leaders, Skilled Managers, and Entrepreneurs.

## REGISTRATION LINK

### For Students-

<https://forms.gle/yvaBaChkV7DeWaSZ6>

### For Faculty-

<https://forms.gle/QQwAMsbWroXG4qS79>



## CERTIFICATES

All attending participants will get certificates after registering their attendance/presence.

## VENUE

Conference Hall  
LPCPS Campus,  
Gomti Nagar, Lucknow

## For Further Information-

Write us at- [rsrchcelllpcps@gmail.com](mailto:rsrchcelllpcps@gmail.com)

Contact - **Dr. Anand Kumar Rai**

Mob: +919453302061/ +918787224265

CERTIFICATE NO.  
LPCPS/RPDC/SMNR/2023-24/03/001



# LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

(Affiliated to University of Lucknow)

## SEMINAR

This is to certify that

**DR. SHAILESH SRIVASTAVA**

**ASSOCIATE PROFESSOR of DEPARTMENT OF ZOOLOGY, has successfully imparted his valuable insight as an eminent speaker in the one day Seminar on "ADDRESSING THE RISE OF MENTAL HEALTH CHALLENGES IN TODAY'S SOCIETY: STRATEGIES FOR SUPPORT AND PREVENTION" successfully organized by Lucknow Public College of Professional Studies, Vinamra Khand, Gomti Nagar, Lucknow, India on 28th March, 2024.**

*Garima*

Mrs. Garima Singh  
Director, LPCPS

*ASingh*

Principal  
Lucknow Public College of Professional Studies  
Vinamra Khand, Gomtinagar, Lucknow

*ASingh*

Prof. (Dr.) Anil Singh  
Principal, LPCPS

*AS*

Prof. (Dr.) Laxmi Shankar Awasthi  
Dean Academics, LPCPS



CERTIFICATE NO.  
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# LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

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## SEMINAR

This is to certify that

**Akshat vaish**

a LPCPS student of B.C.A - II Semester has participated in the one day Seminar on "ADDRESSING THE RISE OF MENTAL HEALTH CHALLENGES IN TODAY'S SOCIETY; STRATEGIES FOR SUPPORT AND PREVENTION" successfully organized by Lucknow Public College of Professional Studies, Vinamra Khand, Gomti Nagar, Lucknow, India on 28th March, 2024.

*Garima*

Mrs. Garima Singh  
Director, LPCPS

*Anil Singh*

Principal  
Lucknow Public College of Professional Studies  
Vinamra Khand, Gomtinagar, Lucknow

Prof. (Dr.) Anil Singh  
Principal, LPCPS

*AS*

Prof. (Dr.) Laxmi Shankar Awasthi  
Dean Academics, LPCPS

Website: [www.lpcps.org.in](http://www.lpcps.org.in)

Email: [rsrchcelllpcps@gmail.com](mailto:rsrchcelllpcps@gmail.com)

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# LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

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## SEMINAR

This is to certify that

Tarun Gupta

a LPCPS student of B.C.A - II Semester has participated in the one day Seminar on "ADDRESSING THE RISE OF MENTAL HEALTH CHALLENGES IN TODAY'S SOCIETY: STRATEGIES FOR SUPPORT AND PREVENTION" successfully organized by Lucknow Public College of Professional Studies, Vinamra Khand, Gomti Nagar, Lucknow, India on 28th March, 2024.

*Garima*

Mrs. Garima Singh  
Director, LPCPS

*Anil Singh*

Principal  
Lucknow Public College of Professional Studies  
Vinamra Khand, Gomtinagar, Lucknow

*Anil Singh*

Prof. (Dr.) Anil Singh  
Principal, LPCPS

*AS*

Prof. (Dr.) Laxmi Shankar Awasthi  
Dean Academics, LPCPS

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**LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES**  
(Affiliated to University of Lucknow)  
**SEMINAR**

**This is to certify that**

**Priyanka**

**a LPCPS student of B.B.A. - VI Semester has participated in the one day Seminar on "ADDRESSING THE RISE OF MENTAL HEALTH CHALLENGES IN TODAY'S SOCIETY: STRATEGIES FOR SUPPORT AND PREVENTION" successfully organized by Lucknow Public College of Professional Studies, Vinamra Khand, Gomti Nagar, Lucknow, India on 28th March, 2024.**

*Garima*

Mrs. Garima Singh  
Director, LPCPS

*Asingh*

Principal  
Lucknow Public College of Professional Studies  
Vinamra Khand, Gomtinagar, Lucknow

Prof. (Dr.) Anil Singh  
Principal, LPCPS

*AS*

Prof. (Dr.) Laxmi Shankar Awasthi  
Dean Academics, LPCPS



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## SEMINAR

This is to certify that

**SIDDHARTHA GAUTAM**

a LPCPS student of B.C.A - II Semester has participated in the one day Seminar on "ADDRESSING THE RISE OF MENTAL HEALTH CHALLENGES IN TODAY'S SOCIETY: STRATEGIES FOR SUPPORT AND PREVENTION" successfully organized by Lucknow Public College of Professional Studies, Vinamra Khand, Gomti Nagar, Lucknow, India on 28th March, 2024.

*Garima*

Mrs. Garima Singh  
Director, LPCPS

*Anil Singh*

*Anil Singh*  
Principal  
Lucknow Public College of Professional Studies  
Vinamra Khand, Gomtinagar, Lucknow

Prof. (Dr.) Anil Singh  
Principal, LPCPS

*AS*

Prof. (Dr.) Laxmi Shankar Awasthi  
Dean Academics, LPCPS