



LPCPS
LUCKNOW PUBLIC COLLEGE
OF PROFESSIONAL STUDIES

LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

LPCPS/PRINCIPAL/22-23/ 101/02 - A 1

Date: 22/01/2023

NOTICE

This is to inform you that the sports events of Volleyball tournament 2022 will be held on 1st Feb 2023 to 5th Feb 2023 at Dayal group of Institute.


Other details related to the event are as follows:

Venue for the event:

- 1) Dayal group of Institute.


Those who are interested in participation, can give their names to Mr. Manoj Gupta. We are looking forward to seeing lots of participants and young talents. For more details contact sports head or coordinators.

All the Best!


(Prof. Anil Singh)
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

Copy to:

- Dean Academics
- Director, IQAC
- Committee Co-ordinator and Members
- Concerned Departments
- Concerned Notice Boards


Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow



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CPS/PRINCIPAL/122-23/112/10

Date: 27/12/2022

NOTICE

It is to inform you that the intercollege volleyball tournament will be held on 19th to 25th January 2023 on occasion of Annual Fest 2023 at Rama Degree College Lucknow.

Those who are interested in participation, can give their names to Mr. Manoj Gupta. We are looking forward to seeing lots of participants and young talents. For more details contact Sports head or coordinators.
Give your Best!

(Prof. Anil Singh)

Principal

Lucknow Public College of Professional
Studies
Vinamra Khand, Gomtinagar, Lucknow

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LPCPS/PRINCIPAL/22-23/11/11-A

Date:27/11/2022

NOTICE

This is to inform you that the sports tournaments will be held on 13th to 17th December 2022 on the occasion of Sanskriti Surabhi 2022 at Lucknow University.

Those who are interested in participation, can give their names to Mr. Manoj Gupta. We are looking forward to seeing lots of participants and young talents. For more details contact sports head or coordinators.

All the Best!

(Prof. Anil Singh)

Principal

Lucknow Public College of Professional
Vinamra Khand, Gomtinagar, Lucknow

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Ref: LPCPS/PRINCIPAL/22-23/ 109/05 - A

Date: 17/09/2022

NOTICE

This is to inform that sports events of Senior State wushu championship 2022 will be held on 17th - 19th Sep 2022. It is a great opportunity to showcase your talent and compete with champions.

Other details related to the event are as follows:

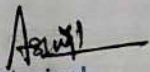
Venue for the event:

- 1) Baba Sahamal Kushti Stadium, Baghpat

Those who are interested in participating can give their names to Mr. Manoj Gupta at sports room.

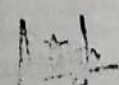
We are looking forward to seeing lots of participants and young talents. For more details contact sports head or coordinators.

All the Best!


(Prof. Anil Singh)
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

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This is to inform us that we have received registrations for Senior State wushu championship 2022 will be held on 17th - 19th Sep 2022.. List of participants are as follows :

Participants Name List(Boys)

Athletes	Course	Year	Status
1. Snigdha Mishra	BCOM	2nd	Bronze
2. Sumit Tripathi	BCOM	2nd	Bronze

Winner:

Athletes	Course	Year	Achievements
1. Snigdha Mishra	BCOM	2nd	Bronze
2. Sumit Tripathi	BCOM	2nd	Bronze

Glimpses of event:



Principal
Lucknow Public College of Professional Studies
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Public College Professional Studies
Lucknow



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Ref: LPCPS/PRINCIPAL//22-23/02/03-B1

Date: 05/02/2023

NOTICE

This is to inform that sports events of All India University Games 2023 will be held on 14th - 17th Feb 2023. It is a great opportunity to showcase your wushu talent and compete with champions.

Other details related to the event are as follows:

Venue for the event:

- 1) Chandigarh University, Chandigarh

Those who are interested in participation, can give their names to Mr. Manoj Gupta at the sports room.

We are looking forward to seeing lots of participants and young talents. For more details contact sports head or coordinators.

All the Best!

(Prof. Anil Singh)

Principal

Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

Copy to:

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- Committee Co-ordinator and Members
- Concerned Departments
- Concerned Notice Boards



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This is to inform us that we have received registrations for All India University Games 2023 will be held on 14th - 17th Feb 2023.. List of participants are as follows :

Participants Name List(Boys)

S.No.	Athletes	Course	Year	Status
1	Orooj Ansar	BCOM	1st	Participant
2	Lokesh Mehta	BBA	1st	Participant
3	Garima Singh	BCOm (H)	1st	Participant

Glimpses of event:



Asif Singh

Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gominagar, Lucknow



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Ref: LPCPS PRINCIPAL/22-23/ 10/01

Date: 14/10/2022

NOTICE

All the faculties/staff and students are hereby informed that on the occasion of 91st Birth Anniversary Of Dr. A.P.J. Abdul Kalam, college is organizing a friendly football match on October 15th which is celebrated as World Students' Day in honor of former Indian president APJ Abdul Kalam.

Those who want to play & volunteer in this match, kindly fill the attached form.


Match Form link- <https://forms.gle/9CfGjHomUjjiYr139>

Volunteer form link- <https://forms.gle/4sY3PsVqnWNIcMbq9>

Venue - Ground

Time - 11:30am

Date - 15th Oct, 2022


(Prof. Anil Singh)

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Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

Copy to:

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- HODs of All Concerned Departments
- All Notice Boards


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Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

91st BIRTH ANNIVERSARY OF DR APJ ABDUL KALAM

15th October, 2022



Celebrating
WORLD STUDENTS' DAY
on 91ST BIRTH ANNIVERSARY of
DR. A.P.J. ABDUL KALAM

'Success is when your signature turns into an autograph.'
- Dr. A.P.J. Abdul Kalam

Dr. A.P.J. Abdul Kalam, the 11th President of India, The Missile Man, Bharat Ratna Awardee on his 91st Birth Anniversary, which is also celebrated as 'World Students' Day nationwide. His contribution to this nation will be remembered. Leaving behind his words of wisdom and knowledge which will always be revisited by the students. May his legacy inspire the generations to come.

LPCPS organized 'Dr. A.P.J. Abdul Kalam Inter-Programme Football Meet 2022' for their students to celebrate World Students' Day on October 15, to pay homage to Dr. A.P.J. Abdul Kalam on his 91st birthday anniversary.

The players grabbed the attention of the spectators with their goals and victory laps. Matches were held between all the programmes for both girls and boys.

Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Connaught Nagar, Lucknow



Lucknow, Uttar Pradesh, India

Lucknow public college of professional studies, 1/7, Vinamra Khand,
Gomti Nagar, Lucknow, Uttar Pradesh 226010, India

Lat 26.861782°

Long 81.030412°

15/10/22 11:13 AM



Lucknow, Uttar Pradesh, India

Lucknow Public College of Professional Studies, Viraj
Khand, Gomti Nagar, Lucknow, Uttar Pradesh 226010,
India

Lat 26.853599°

Long 81.029376°

15/10/22 12:13 PM GMT +05:30

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Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow



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This is to inform us that we have received registrations for National Arm Wrestling and Para Arm Wrestling 2023 will be held on 1st - 4th June 2023. List of participants are as follows :

Participants Name List(Boys)

S. No	Athletes	Course	Year	Status
1	Sangam Upadhyay	BSc	2nd	Participant
2	Arpita Singh	BCA	1st	Participant
3	Anrudra Pratap Singh	BBA	1st	Participant

Winner:

S. No	Athletes	Course	Year	Status
1.	Shatakshi Shukla	BCOM H	1st	Silver medal

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Lucknow Public College of Professional Studies
Vinamra Khanda, Gomtinagar, Lucknow

PEOPLE'S ARMWRESTLING FEDERATION INDIA®

Affiliated to: Asian Armwrestling Federation which is affiliated to World Armwrestling Federation

Ref No. PAFI National-2023/01/May 5, 2023



May 5, 2023

INVITATION

**NATIONAL ARMWRESTLING AND PARA ARMWRESTLING CHAMPIONSHIP 2023
INDIAN TEAM SELECTION FOR WORLD ARM WRESTLING CHAMPIONSHIP 2023 IN KAZAKHSTAN
AND OPEN ASIAN ARMWRESTLING CHAMPIONSHIP 2023 IN UZBEKISTAN**

President / General Secretary
Invited to People's Armwrestling Federation India

Respected Members/Colleagues!

People's Armwrestling Federation (PAFI) invites you and your team to take part in the following Armwrestling championship and we will be glad to see the strong athletes in your team. Your earliest confirmation will help us to make the necessary arrangement to give you your best experience during the championship.

Event	NATIONAL ARM WRESTLING AND PARA ARMWRESTLING CHAMPIONSHIP 2023 (Sub Junior, Junior Youth, Senior, Masters, Disabled - Men & Women Left and Right)
Date of Event	1 st to 4 th June, 2023
Venue & Local Transport	GLA University Mathura (Uttar Pradesh) Vehicles will be provided from Mathura Railway Station to Accommodation. (About 17 K.M.). Request all State Units to share your team details at the earliest to make the necessary arrangements and avoid any inconvenience at the last moment
Organized by	UTTAR PRADESH ARM WRESTLING ASSOCIATION
Under the aegis of	PEOPLE'S ARMWRESTLING FEDERATION INDIA
Selection for	: WORLD ARMWRESTLING CHAMPIONSHIP 2023, KAZAKISTAN FROM : OPEN ASIAN ARMWRESTLING FEDERATION, UZBEKISTAN FROM
Rules	WAF Rules will be follow, If athlete's Dope test comes positive then strict action will be taken
Entry Fee	Rs. 1000/- per entry per hand
Affiliation Fee	Rs. 5000/- yearly
Referee Exam Fee	Rs. 1000 for New and to upgradation and training will be provided
Referee Registration Fee	Rs. 1500 for 3 yrs. ID Card, Referee T-shirt, Strap, Certificate
Security Fee	Rs. 1000 Refundable (for Bedding)
Accommodation	1 st 2 nd 3 rd , & 4 th June 2023 Room with Bed and Mattresses for 2/3 person will be provided, Please bring you own Bedsheet and Lock & Key for rooms
Food	1 st June Lunch and on 2 nd 3 rd , & 4 th June Break Fast, Lunch & Dinner will be provided
Team Details	Please send Total No of Male and Female Athletes.
Age proof	Sub. Junior, Junior, Masters must bring their original age proof issued by the government.
PARA Certificate	PARA Athletes must bring their original disability certificate issued by the government.

PREETI JHANGIANI
President - PAFI

LAXMAN SINGH BHANDARI
General Secretary - PAFI
98 9911 3616

SUMIT AGARWAL
President - UPAWA
70 806 6 9968

Dr. Rahul Raj
VP - UPAWA
94 1576 1957
Principal

Dr. PARVEEN JADON
Gen. Secretary - UPAWA
Org. Secy. - 89 2345 5177

Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

PEOPLE'S ARMWRESTLING FEDERATION INDIA®

Affiliated to: Asian Armwrestling Federation which is affiliated to World Armwrestling Federation

Ref No. PAFI National-2023/01/May 5, 2023



Code	All athletes must wear short sleeve round neck T shirt and sports trousers, track suit lower and their State name should be mentioned on the front and back of the T shirt. No competitor will be allowed to compete and receive award / prizes out of uniform. If a competitor comes on stage to compete out of proper uniform he / she will forfeit that bout
Code for Referee	Referees must wear Referees Dress i.e. Black & White 1" (vertical) stripes with black collar T-shirt and black trousers with black shoes.
Banner & Logo	Please bring your State Banner and send Logo in JPG, PDF Hi resolution
Declaration from Athlete	For Sub, Junior, junior athletes must bring signed declaration from their guardian/parents that the organizers will not responsible for any injuries and claim during the match or travel.

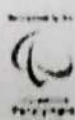
HOW TO REACH:	
Nearest Airport	The nearest airport is IGI Airport, Delhi. It is 180 kilometers from the University. One can easily reach GLA University from IGI Airport via Taxi.
Address	GLA University is located at 17 km stone from Mathura city on the Mathura-Delhi (NH2) highway. The nearest airport is IGI Airport, Delhi. It is 180 kilometers from the University. One can easily reach GLA University from IGI Airport via Taxi.
Location	GLA University is located at 17 km stone from Mathura city on the Mathura-Delhi (NH2) highway. The nearest airport is IGI Airport, Delhi. It is 180 kilometers from the University. One can easily reach GLA University from IGI Airport via Taxi.
Facilities	Mathura is well linked to every main city in Uttar Pradesh and Northern INDIA through a network of State and National Highway. Uttar Pradesh State Road Transport Corporation plies many buses for different cities such as Lucknow, Kanpur, Agra, Delhi, Jaipur, etc. Luxury coaches are also available that are very comfortable to travel with. The distance from Mathura new Bus Stand to GLA University is 17 km (approx). From the Bus Stand one can board any bus towards Delhi and get down near 17 km stone from Mathura at the GLA University entrance gate.
Awards	1 st , 2 nd & 3 rd Winners in each body weight class and Certificate to all Participants
Individual Awards	In Each Categories Left Hand - Sub Junior, Junior, Senior, Youth, Master, PARA – Total 6 Trophy Right Hand - Sub Junior, Junior, Senior, Youth, Master, PARA – Total 6 Trophy
Team Trophy	Winner and Runner-up Total 2 Trophy
Special Awards	: Best Referee : Best Dress and Discipline Team : Most Participation Team : Best Coach : Most Popular Men Athlete : Most Popular Women Athlete

(Signature)
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow



WORLD
ARMWRESTLING
FEDERATION

ISF



WADA



PEOPLE'S ARMWRESTLING FEDERATION INDIA®

Affiliated to: Asian Armwrestling Federation which is affiliated to World Armwrestling Federation

Ref No. PAFI National-2023/01/May 5, 2023



WAF ARMWRESTLING CATEGORIES

	AGE YR	GEN	40	45	50	55	60	65	70	75	80	85	90	100	110	110+	Total Wt	
15	14-15	M		-45	50	55	60	65	70	70+							7	
		F	-40	45	50	55	60		70	70+							7	
	16-18	M			-50	55	60	65	70	75	80		90	90+			9	
		F		-45	50	55	60	65	70	70+							7	
	19-23	M				-55	60	65	70	75	80	85	90	90+			9	
		F			50	55	60	65	70	70+							6	
	ANY AGE	M				-55	60	65	70	75	80	85	90	100	110	110+	11	
		F			-50	55	60	65	70		80		90	90+			8	
	40-49	M					-60		70		80		90	100	100+		6	
		F					-60		70		80	80+					4	
MASTER	50-59	M							-70		80		90	100	100+		5	
		F					-60		70		80	80+					4	
GRAND	60-69	M							-70		80		90	100	100+		5	
		F	OPEN															1
SENIOR	70+	M	OPEN															1
		F	OPEN															1
LIMITING	ANY AGE	M					-55		65		75				100	100+	5	
		F					-55		65	65+								3
STANDING	ANY AGE	M					-60		70		80		90	90+			5	
		F					-55		65	65+							3	
																Total Weight	107	

Please send your Team Update on 8923455177 & 9899113616 by 15th May, 2023 and PAFI WhatsApp group. We will do everything possible to make your stay in Mathura pleasant and memorable. PAFI will be glad to see you and your team in national championship. Let's make this event a grand success. Kindly note, organizer may change in the program as per the current circumstances and conditions.

See you in Mathura, Uttar Pradesh. With best regards!

Laxman Singh Bhandari
Laxman Singh Bhandari
General Secretary - PAFI
9899113616

Dr. Parveen Jadon
Principal
Lucknow Public College of Professional Studies
Vijayra Khand, Gomtinagar, Lucknow
Dr. PARVEEN JADON
Gen. Secretary - UPAWA
Org. Secy. - 89 2345 5177

PREETI JHANGIANI
President- PAFI

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98 9911 3616

SUMIT AGARWAL
President - UPAWA
70 806 6 9968

Dr. Rahul Raj
VP- UPAWA
94 1576 1957



NATIONAL ARMWRESTLING & PARA ARMWRESTLING CHAMPIONSHIP 2023

ORGANIZED BY: UTTAR PRADESH ARMWRESTLING ASSOCIATION
UNDER THE AEGIS OF :PEOPLE'S ARM WRESTLING FEDERATION INDIA®

1 JUNE TO 4 JUNE 2023 AT GLA UNIVERSITY, MATHURA

CERTIFICATE OF ACHIEVEMENT

This is to certify that MR/MRS SANGAM UPADHYAY Regd No: 28100 /2023

from UTTAR PRADESH State has participated.

He/She Secured ————— Position in YOUTH Category -60 kg RIGHT ARM.

Preeti Jhangiani
President - PAI

Laxman Singh Bhandari
General Secretary - PAI

Sumit Agarwal
President - UPAWA

Dr. Praveen Jadon
Org. Secretary

Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow



NATIONAL ARMWRESTLING & PARA ARMWRESTLING CHAMPIONSHIP 2023

ORGANIZED BY: UTTAR PRADESH ARMWRESTLING ASSOCIATION
UNDER THE AEGIS OF PEOPLE'S ARM WRESTLING FEDERATION INDIA®

1 JUNE TO 4 JUNE 2025 AT GLA UNIVERSITY, MATHURA

CERTIFICATE OF ACHIEVEMENT

This is to certify that Mr./Ms ANRUDRA PRATAP SINGH Regd No: 28022 /2023
from UTTAR PRADESH State has participated.
He/She Secured Position in YOUTH Category -75 kg RIGHT ARM.

Preeti Jhangiani
President - PAFI

Laxman Singh Bhandari
General Secretary - PAFI

Sumit Agarwal
President - UPAWA

Dr. Praveen Jadon
Org. Secretary

Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow



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Ref. LPCPS/PRINCIPAL/22-23/ 104/02-A

Date: 07/04/2023

NOTICE

This is to inform you that sports events of UP senior state wushu championship 2023 will be held on 7th - 9th April 2023. It is a great opportunity to showcase your wushu talent and compete with champions.

Other details related to the event are as follows:

Venue for the event:

- 1) Galaxy Lawn Alambagh, Lucknow

Those who are interested in participating can give their names to Mr. Manoj Gupta at the sports room.

We are looking forward to seeing lots of participants and young talents. For more details contact sports head or coordinators.

All the Best!


(Prof. Anil Singh)
Principal

Lucknow Public College of Professional Studies
Vinamra Khand, Gomlinagar, Lucknow

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- Concerned Notice Boards



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This is to inform us that we have received registrations for UP senior state wushu championship 2023 will be held on 7th - 9th April 2023.. List of participants are as follows :

Participants Name List(Boys)

S. No.	Athletes	Course	Year	Status
1	Lokesh Mehta	BBA	1st	Participant
2	Rahul Sahu	BCA	1st	Participant
3	Aman Thakur	BBA	1st	Participant
4	Sumit Tripathi	BJMC	3rd	Participant

[Signature]
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gontinagar, Lucknow



U.P. OLYMPIC ASSOCIATION



WELCOME

TO

22ND U.P. SENIOR STATE

MEN/WOMEN

WUSHU CHAMPIONSHIP-

2023 7TH - 9TH APRIL, 2023

SPONSORS-



Principal
Lucknow Public College of Professional Studies
Manamra Khand, G...



UTTAR PRADESH WUSHU ASSOCIATION

AFFILIATED TO : WUSHU ASSOCIATION OF INDIA
U.P. OLYMPIC ASSOCIATION



General Secretary :
Manish Kacker

Ref No.: UPWA/Comp./2023-01

Date: 28 MARCH 2023

All Affiliated Units & Clubs
U. P. Wushu Association

Dear Members,

The Uttar Pradesh Wushu Association is going to conduct 22nd Uttar Pradesh State Senior Wushu (Male & Female) Championship at GALAXY LAWN, NH 230, Kanausi Para Road, Alambagh, Lucknow on 7th to 9th April 2023 for the U. P. Senior Wushu Team for Senior National Wushu Championship scheduled to be held at Pune (Maharashtra). All district units & Clubs are conveyed to send the best probable's players of the District unit for the selection trail as per the details given below:-

1. COMPETITION EVENTS

Taolu: Taolu athletes 18 years old and above, i.e. 2002 and before, may participate.

1.1 Regular Event: Each competitor may enter for a maximum of five (5) competition events, which are one(1) barehand routine, one(1) short weapon, one(1) long weapon, one(1) Duilian and one(1) group event.

• Individual Events :

- Bare Hand Routines: Optional (Changquan, Nanquan Taijiquan), Men's Xingyiquan, Women's Baguazhang
- Short Weapon Routines: Optional (Daoshu, Jianshu, Nandao, Taijijian), Women's Shuangjian, Men's Shuangdao
- Long Weapon Routines : Optional (Gunshu, Qiangshu, Nangun)

- Duilian (Choreographed Sparring Routines): 2-3 people, men and women may not be mixed
- Group Event : (Not less than Six (6) Player, Men & Women May be Mix)

1.2 Taolu Traditional (Kungfu) Events: Each competitor may enter for a maximum of 3 events, which are one (1) Individual Barehand routine, one (1) Individual weapon routine and one (1) group event.

• **Individual Barehand Routine Events:** 1. Taijiquan type Events., 2. Nanquan Type Events., 3. Other Style Events.

• **Individual Weapon Routine Events:** 1. Single Weapon Routine., 2. Double Weapon Routine., 3. Flexible/Soft Weapon Routines

• Individual Bare Hand Routine Events:

☐ **Taijiquan Type Events:** Chen Style, Yang Style, Wu Style, Wuu Style, Sun Style, Other Traditional Taijiqua Routines. Compulsory Routines of Chen, Yang, Wu, Wuu, Sun and 42 Posture Taijiquan are classified as traditional events.

☐ **Nanquan Type Events:** Wing Chun Kune (Yongchun Quan), Ngo Cho Kune (Wuzu Quan), Choy Lay Fut Kune (Cailifo Quan), Hung Gar Kune (Hongjia Quan), Dishu Quan, Other Southern Styles.

☐ **Other Style Events:** Xingyi Quan, Bagua Zhang, Baji Quan, Tongbei Quan, Pigua Quan (Zhang), Fanzi Quan, Ditang Quan, Imitation Styles, Cha Quan, Hua Quan, Pao Chui, Hong Quan, Hua Quan, Shaolin Quan, Wudang Quan, Emei Quan, and other types of traditional styles.

Manish Kacker

Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

President Office : 79, Vijay Nagar, Poiner Office, Bhagwati Apartments, Meerut (U.P.)

Mobile : +91-9412677359/9759878686 . E-mail : y2ksuhel@gmail.com

Head Office : 524, Chaupatiyan, R.K. Kacker Park, Lucknow-226003 (U.P.) INDIA

Mobile : +91-7388002080 . E-mail : kacker.manish@gmail.com

UTTAR PRADESH WUSHU ASSOCIATION

AFFILIATED TO : WUSHU ASSOCIATION OF INDIA
U.P. OLYMPIC ASSOCIATION



Individual Weapon Routine Events:

Single Weapon Routines: Dao (Broadsword), Jian (Straight Sword), Gun (Cudgel/Staff), Qiang (Spear), Pudaο, Guandao (Kwan Dao), Fan, Dagger, Bain Gun (Short Cudgel), Cane, Baton, Crutch (Chinese Tonfa), Spade, Fork, Taiji Jian (Including 42 Posture Taiji Jian), Taiji Dao, Taiji Qiang, Nan Dao (Southern Broadsword), Nan Gun (Southern Staff/Cudgel), Other Traditional Single Weapon Routines.

Double Weapon Routines: Shuang Dao (Double Broadsword), Shuang Jian (Double Straight Sword/Double Long Tassel Straight Sword), Shuang Gou (Double Tiger Hooks Double Daggers), Shuang Yue (Bagua Double Deer Horn Knives), Other Traditional Double Weapon Routines.

Flexible/Soft Weapon Routines: Jiu Jie Bian (Nine Section Whip Chain), San Jie Gun (Three Section Staff), Meteor Hammer, Rope Dart, Other Traditional Flexible/Soft Weapon Routines

[For individual Kungfu events, in which the total number of registered participants is Ten (10) people or more, these events will be individual style/routine events. (For example, should 10 or more people register to perform a Wing Chun Kune (Yongchun Quan) routine, this will become a single/individual event)]

NOTE : Taolu players of regular events players are not allowed to take part in kung fu events and kung fu events players are not allowed to take part in Regular events. State Secretaries are advised to look into this matter before sending final entry forms. Both groups can jointly take part in Group events.

3.2.1 Sanda Events:

➤ Sanda athletes between 18-40 years old, i.e. born between 2003 and 1983, may participate

Men's category	48kg, 52kg, 56kg, 60kg, 65kg, 70kg, 75kg, 80kg, 85kg, 90kg, 90kg+.
Women's category	45kg, 48kg, 52kg, 56kg, 60kg, 65kg, 70kg, 75kg.

2. ENTRY REQUIREMENT

2.1 Taolu Events

2.1.1 Each unit may enter one(1) team and Each team shall be composed of maximum twenty five (25) members, including one (1) team manager, one (1) coach and twenty three (23) competitors, for Taolu regular events shall be composed of maximum Thirteen (13) competitors(including men & women) and for Taolu Traditional (Kungfu) Events shall be composed of maximum ten (10) competitors(including men & women)

A) Taolu Regular Events:

- Each competitor may enter for a maximum of five(5) competition events, which are one(1) bare hand routine, one(1) short weapon, one(1) long weapon, one(1) Duilian and one(1) group event.

Kung-fu/Traditional Events:

- Each competitor may enter for a maximum of three (3) events, which are one (1) Individual Barchand routine, one (1) Individual weapon routine and one (1) group event.

Principal
Lucknow Public College of Professional Studies
Vandana Khand, Gomti Nagar, Lucknow

President Office : 79, Vijay Nagar, Poineer Office, Bhagwati Apartments, Meerut (U.P.)

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Head Office : 524, Chaupatiyan, R.K. Kacker Park, Lucknow-226003 (U.P.) INDIA

22ND U.P. SENIOR STATE MEN/WOMEN
WUSHU CHAMPIONSHIP- 2023

SERIAL NO. 11P.55/23/174

MERIT CUM PARTICIPATION CERTIFICATE

THIS CERTIFICATE IS AWARDED TO


MR./MS. RAHUL SAHU


S/O, D/O KAMAL SAHU BORN

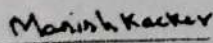
ON 04/03/2005 OF LUCKNOW

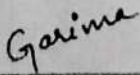
WHO HAS PARTICIPATED AS A PLAYER/COACH/MANAGER/JUDGE/OFFICIAL IN
22ND U.P. SENIOR STATE MEN/WOMEN WUSHU CHAMPIONSHIP- 2023. HELD
AT "GALAXY LAWN NH 230 KANAUSI PARA ROAD, ALAMBAGH LUCKNOW,
FROM 7-9 APRIL 2023 AND SECURED.....


PLACE IN Below - 60.....K.G. WEIGHT CATEGORY/EVENT.



SUNEL ARMED
PRESIDENT UTTAR
PRADESH WUSHU
ASSOCIATION



PANKAJ JAISWAL
SECRETARY
DISTRICT LUCKNOW
WUSHU ASSOCIATION


MANISH KACKER
GENERAL SECRETARY
UTTAR PRADESH
WUSHU ASSOCIATION


GARIMA SIMON
DIRECTOR
LUCKNOW PUBLIC
COLLEGE OF
PROFESSIONAL STUDIES


L.S. AWASTHI
PRINCIPAL INCHARGE
LUCKNOW PUBLIC
COLLEGE OF
PROFESSIONAL STUDIES


MANOJ GUPTA
ORGANISING SECRETARY
WUSHU COACH,
LUCKNOW PUBLIC
COLLEGE OF
PROFESSIONAL STUDIES


Principal
Lucknow Public College of
Professional Studies
Lucknow



LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

Ref : LPCPS/PRINCIPAL/23-24/07/01

Date: 01/07/2023

No Objection Certificate

This is to certify that following students from Lucknow Public College Of Professional Studies are participating in "ARMWRESTLING CHAMPIONSHIP" organized in LULU MALL, Lucknow, on 6 August .

The Institute has no objection for allowing them to participate in events outside the premises.

S.NO.	NAME	COURSE	YEAR
1	Rahul Sahu	BCA	1
2	Aman Thakur	BBA	1

PRINCIPAL

Principal
Lucknow Public College of Professional Studies
Vandana Khand, Gomti Nagar, Lko.

Principal
Lucknow Public College of Professional Studies
Vandana Khand, Gomti Nagar, Lucknow

ALL
MOVEMENT

DECATHLON
PLAY



Lucknow

Principal
Lucknow Public College of Professional Studies
Vaishra Khurd, Gomti Nagar, Lucknow



OPEN LUCKNOW ARM WRESTLING CHAMPIONSHIP

CERTIFICATE OF PARTICIPATION

This is to certify that Mr. / Ms. Rahul Sahu
s/o Kamal Sahu from LUCKNOW district has
participated in the **OPEN LUCKNOW ARM WRESTLING CHAMPIONSHIP**, on
6th August, 2023 at Decathlon Lulu Mall, Lucknow.

He/ She has secured — place in -60 Kg Weight category in Sub
Junior / Junior / Youth / Senior / Masters / Disabled Class in Boys / Girls / Men
/ Women Right arm / Left Arm

Kunwar Munindra Rakesh 'Anchal'
General Secretary
Lucknow Arm Wrestling Association

Dr. Rahul Raj
National Referee - PAFI & PPL
Technical Director - UPAWA