

Initiatives Undertaken on Social, Environmental and Human Issues Which are Beyond the Framework of the Academic Curriculum

Awareness Lecture: "Against Single Use Plastic"

Join the movement for a greener future

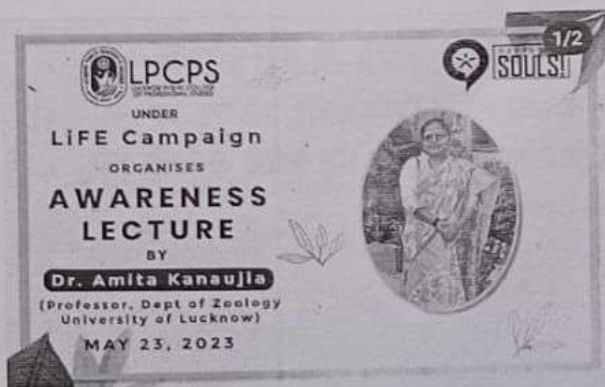
LPCPS organized a Awareness Lecture under the LiFE Campaign.

This lecture was headed by Prof. Amita Kanaujia from the Department of Zoology, University of Lucknow who enlightened the students with an inspiring talk on the importance of conservation and sustainable living, how to reduce single-use plastic to promote eco-conscious habits and practice Three R's.

On this occasion, Dr. Manisha Mishra, Information Officer of the EIACP Program Centre at the Institute of Wildlife Sciences, University of Lucknow, also graced with her presence during this lecture.

आओ मिलकर हरित और पर्यावरण-सहज भविष्य की ओर बढ़ें

यूनिवर्सिटी ऑफ लखनऊ के जीवविज्ञान विभाग के प्रोफेसर अमिता कनौजिया ने हमें पर्यावरण संरक्षण और सतत जीवन के महत्व पर प्रेरणादायक बातचीत के लिए प्रकाशित किया। प्रोग्राम केंद्र, वन्यजीवि विज्ञान संस्थान, लखनऊ विश्वविद्यालय की सूचना अधिकारी डॉ. मनीषा मिश्रा भी अपनी मौजूदगी से हमें गौरवान्वित किया। उनके मूल्यवान दृष्टिकोण ने इस अवसर को एक महत्वपूर्ण स्पर्श दिया।



Amita
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

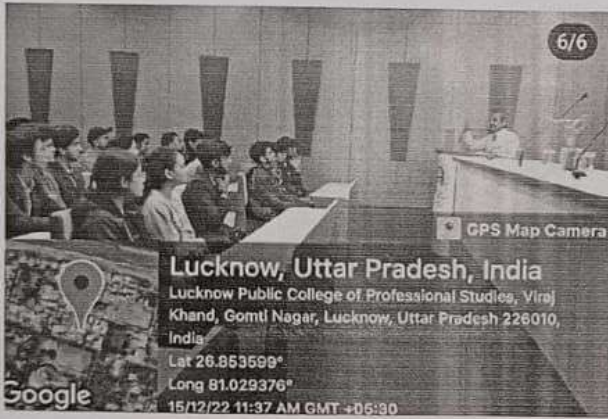
Environmental Awareness Session

'Look deep into nature, and then you will understand everything better'

To evoke a sensitivity for the environment, its problems and create an understanding on the need for environmental protection among the students, LPCPS organised a session called 'Environmental Awareness Programme' headed by Dr. Alka Kumari from the University of Lucknow. Through this session, students learned about horticulture and discussed the following points:

- How ornamental trees provide shade for pedestrians on hot days.
- How growing ferns can help reduce the amount of pollutants in the environment
- How we can use ferns for remediating contaminated soil.

एलपीसीपीएस ने पर्यावरणीय चुनौतियों को नियंत्रित करने की आवश्यकता पर प्रकाश डालते हुए 'पर्यावरण जागरूकता' विषय पर एक सत्र का आयोजन किया। लखनऊ विश्वविद्यालय की एसोसिएट प्रोफेसर



डॉ. अलका कुमारी ने सत्र में मौजूद सभी छात्रों को पर्यावरण अध्ययन और वनस्पतिविज्ञान से अवगत कराया।

इस सत्र के प्रमुख बिंदु:

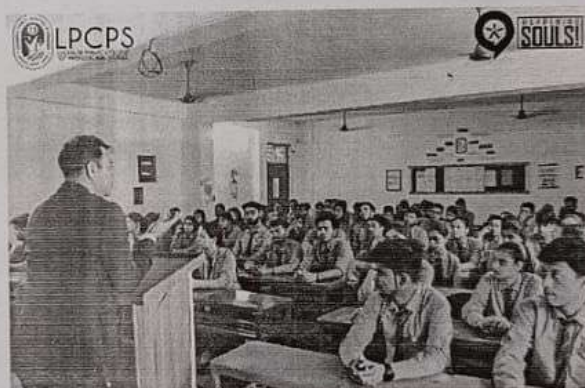
- पेड़ गर्म दिनों में पैदल चलने वालों के लिए छाया प्रदान करते हैं।
- फ़र्न का उपयोग दूषित मिट्टी के उपचार के लिए किया जाता है।
- पेड़-पौधों के ज़रिए हम पर्यावरण में होने वाले प्रदूषण को कम कर सकते हैं।

Asingh
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

Health Awareness Campaign

LPCPS organized a Health Awareness Campaign where Dr. Harsh Mahan focused on the current health issues prevalent in society and the rise in cases of hypertension among today's generation. Through this session, students gained knowledge on how hypertension and blood pressure are linked together, importance of stress management and how one should get health checkups periodically to live a healthy and long life.

एलपीसीपीएस ने एक स्वास्थ्य जागरूकता अभियान के अंतर्गत एक सत्र का आयोजन किया। इस सत्र के वक्ता डॉ. हर्ष महान ने समाज में प्रचलित वर्तमान स्वास्थ्य मुद्दों और आज की पीढ़ी के बीच उच्च रक्तचाप के मामलों में वृद्धि पर अपने विचार व्यक्त किए। इस सत्र के माध्यम से छात्रों ने उच्च रक्तचाप और रक्तचाप को एक साथ कैसे जोड़ा जाता है, तनाव प्रबंधन के महत्व और स्वस्थ और लंबे जीवन जीने के लिए समय-समय पर स्वास्थ्य जांच कैसे करवानी चाहिए, इत्यादि विषयों के बारे में ज्ञान प्राप्त किया।



Special Lecture

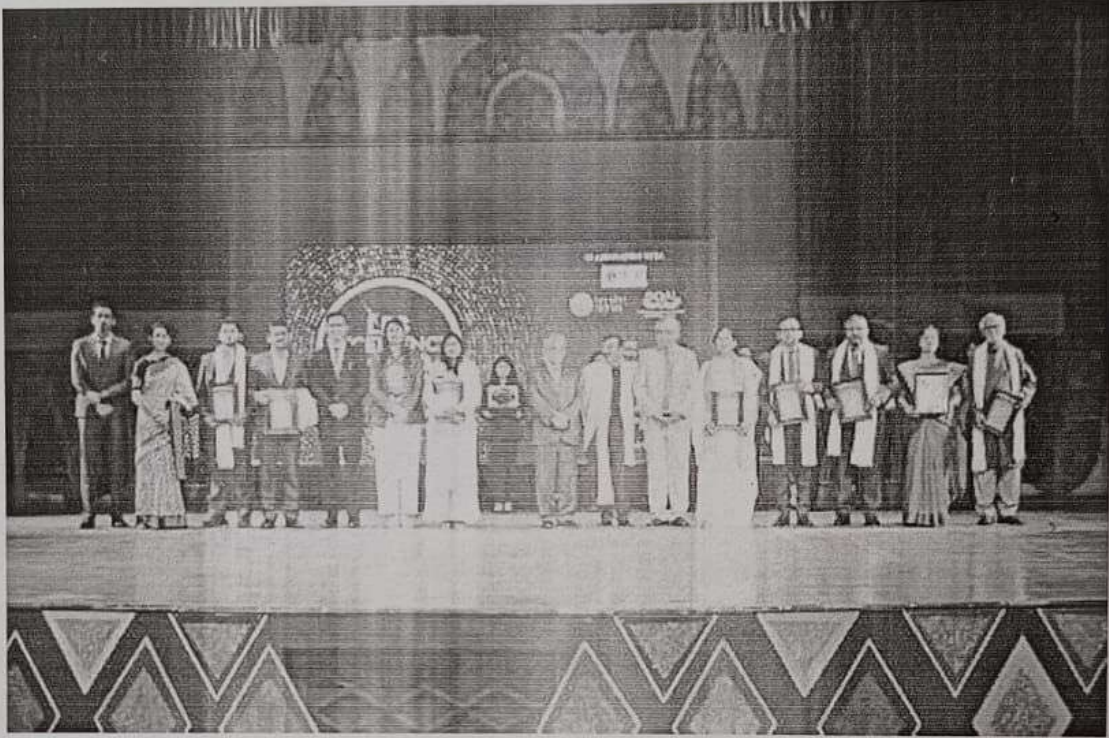
On

'Holistic Approach: Need of Modern Education System'

Asmita
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gominagar, Lucknow

Lucknow Public College Of Professional Studies (LPCPS) along with Goal4All - A Unit of Lucknow Public Charitable Trust, and Zee UP organized a lecture on the topic "Holistic Approach: Need of Modern Education System" on 18th-Feb. 2023, in which Chief Guest Hon'ble Justice_Dinesh_Maheshwari, Judge, Supreme Court of India, delivered his keynote address, highlighting the importance of human values. On this occasion, Mrs. Suman_Maheshwari, Hon'ble Justice, Shabihul Hasnain Shastri, Chairman- Drugs & Narcotics Board, Punjab, Directors of Lucknow Public Schools and Colleges- Ms. Neha Singh, Ms. Garima Singh Mr.

Harshit Singh, Mr. Shikharpal Singh, Deputy Director Ms. Meena Tangri ,LPCPS Dean Prof. (Dr.) L.S. Awasthi, faculties, and students were present.



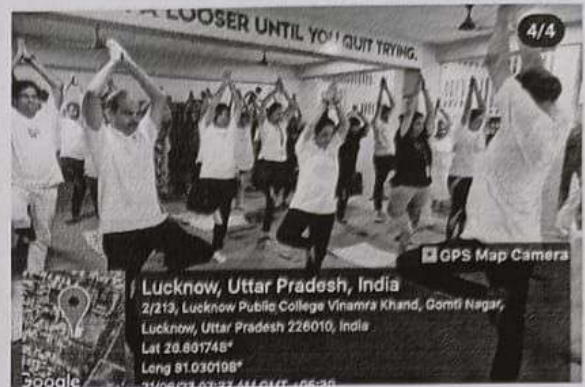
International Yoga Day

Asitpal
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

“योग से बड़ा कोई ऐश्वर्य नहीं, योग से बड़ी कोई सफलता नहीं, योग से बड़ी कोई उपलब्धि नहीं।”

International Day of Yoga was celebrated in college campus on 21st June 2023 at 8:30 AM. Yoga Day was celebrated by the students and teaching staff members with great enthusiasm. The celebration was started with the speech of Dean Academics; he said that the art of practicing yoga helps in controlling an individual's mind, body and soul. It also helps in increasing flexibility, muscle strength and body tone.

All the faculty members and students did various Assans under the instructions of the yoga instructor Mr. Manoj. Warm up exercises were taken and all the students and -teaching staff members performed sitting and standing asanas, importance of these were explained simultaneously.



World Environment Day

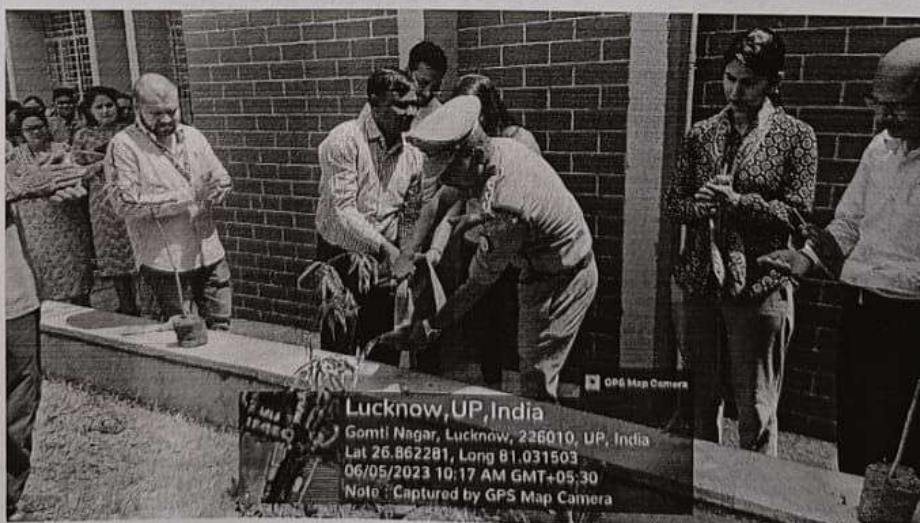
Asingh
Principal
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Vinamra Khand, Gomtinagar, Lucknow

"The beauty of nature is an eternal gift that reminds us of our humble place in the universe."

Leonardo Dicaprio

On 5th June 2023, Lucknow Public College of Professional Studies organized the "World Environment Day" with in the college premises and nearby area of the college. All faculty and student have taken active participation in this event. The chief guest of the event was "Mr. Aditya Saxsena (Range Forest Officer)". The purpose of this event was to spread awareness on how important it is to conserve our forest in this crucial time, when average global temperature of the earth is increasing day by day. The event began with a brief introduction about the importance of trees and forest for our mother earth and for our life.

The event was successfully conducted. Chief Guest and Director Madam, Ms. Garima Singh did plantation activity together.



Asingh
Principal
Lucknow Public College of Professional Studies
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Informational Session on World No Tobacco Day

The World Health Organization and its international allies mark World No Tobacco Day on May 31 every year. This year theme of World No Tobacco Day 2023 is "Grow Food, Not Tobacco". Online session on above theme was taken by Dr. Shailesh Srivastava, Professor Shia PG College, where he discussed the harms of tobacco that goes even to our genetical levels. Dr. Shailesh specially educated students about the effects of tobacco on society and possible preventive measures to reduce its consumption.

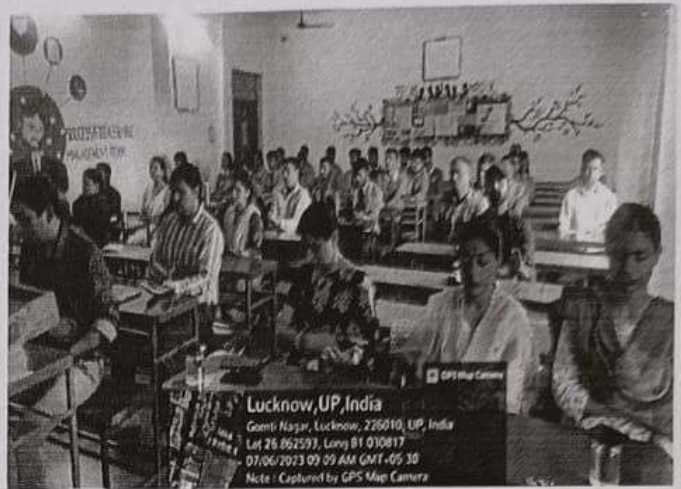
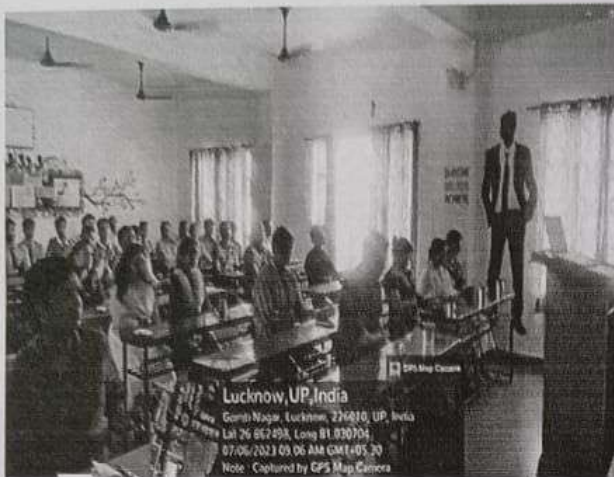
Dean Academics, Dr. (Prof.) LS Awasthi, also discussed the vibrant life one has without any addiction. He urged students to not fall for the trap of tobacco and live a long and healthy life.

LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES
PRESENTS
AN
INFORMATIONAL SESSION
ON
WORLD NO TOBACCO DAY
31ST MAY, 2023 >>>
DR. SHAILESH KR. SRIVASTAVA

Aswajal
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

Awakening of Inner Energy and Self Realization

In order to create awareness among the teaching and non-teaching staff along with students an activity to promote "Awakening of Inner Energy and Self-Realization" was conducted in college campus on 6th July, 2023. NSS wing along with Sahaja Meditation organized the activity, to get your self-realization, by which your attention becomes enlightened, your health gets completely all right, your mental processes are sensible, but above all you stand in your present.



The session was also graced with the presence of Prof. Laxmi Shankar Awasthi, Dean Academics, Lucknow Public College of Professional Studies. Speaker – Nishit Gupta, Sahaja Meditation, expressed his views how if one practice Sahaja meditation regularly, the benefits grow progressively wider and deeper.

Aashish
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

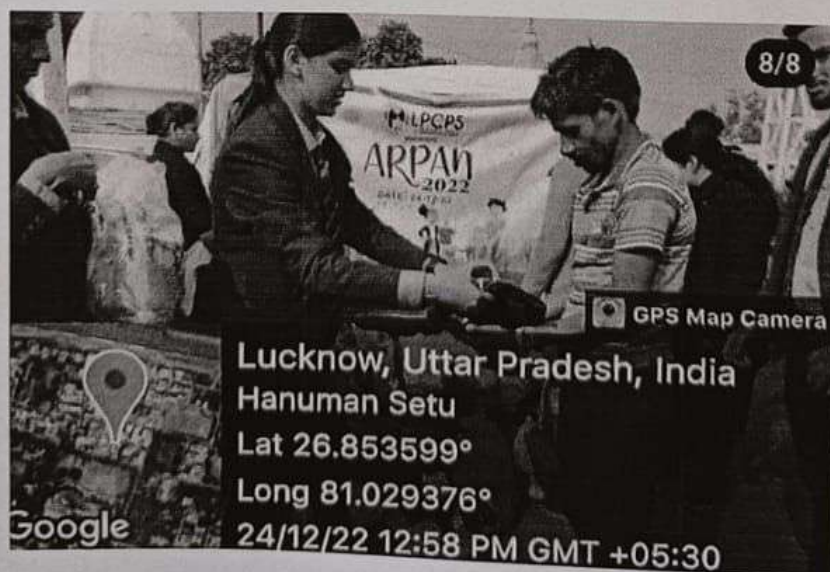
Donation Drive – Arpan

'Shed the labels and rise as a human being'

NSS wing of Lucknow Public College of Professional Studies conducted their annual Donation Drive, Arpan 2022 with the aim, 'Do your own bit' on 24 December in the city of Lucknow.

The students and staff donated over 200 woolen clothes and eatables to the underprivileged people to make this harsh, windy and freezing winter nights more comfortable.

At last Dean Academics thanked everyone who generously donated clothes and foods and for making this donation drive a success.



Aashish
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

Holi Celebration in RSSI NGO

On 4 March 2023, Lucknow public college of professional studies, NSS wing along with BAJMC department celebrated Holi with the children of RSSI NGO, situated in Gomti Nagar, Lucknow. The purpose of this event was to spread joy and happiness amongst underprivileged children. The event began with a brief introduction about the significance of Holi and how it is celebrated in different parts of India. The children were excited to hear about the history of Holi and its cultural significance.

After introduction Holi celebration started by applying colours on each other. The children were ecstatic and started playing with colours, making the atmosphere



lively and colourful. The volunteers also joined in and enjoyed the moment with the children.

After playing with colours, we distributed sweets and snacks amongst them. As a fun activity, a drawing competition was organised.

Asmita
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

Martyrs' Day

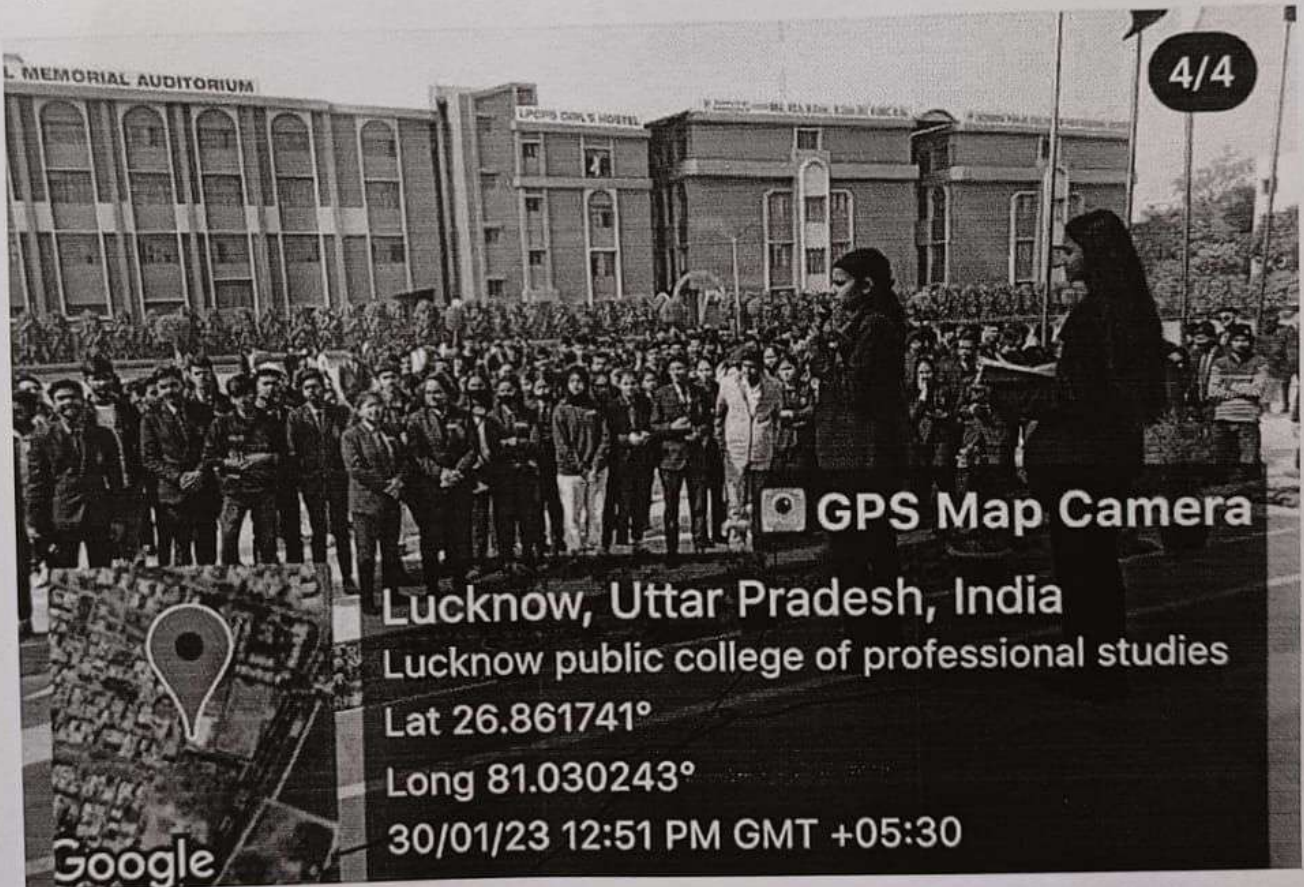
'It is the cause not the death that makes a Martyr.'

On the occasion of Martyrs' Day and 75th Death Anniversary of Mahatma Gandhi, NSS program officer of LPCPS organised a crowd work for their students.

Speech Weavers, the Anchors Club of LPCPS quizzed the students on slogans and quotes said by various freedom fighters. The enthusiastic participation of students led to the great success of this event.

शहीद दिवस और महात्मा गांधी की 75वीं पुण्यतिथि के अवसर पर, एलपीसीपीएस के एनएसएस कार्यक्रम अधिकारी ने अपने छात्रों के लिए एक भीड़ कार्य का आयोजन किया।

एलपीसीपीएस के एंकर्स क्लब, स्पीच वीवर्स ने छात्रों से विभिन्न स्वतंत्रता सेनानियों द्वारा कहे गए नारों और उद्धरणों पर प्रश्नोत्तरी की। छात्रों की उत्साहपूर्ण भागीदारी से इस आयोजन को बड़ी सफलता मिली।



Nukkad- Ek Nayi Shuruaat

Abinah
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

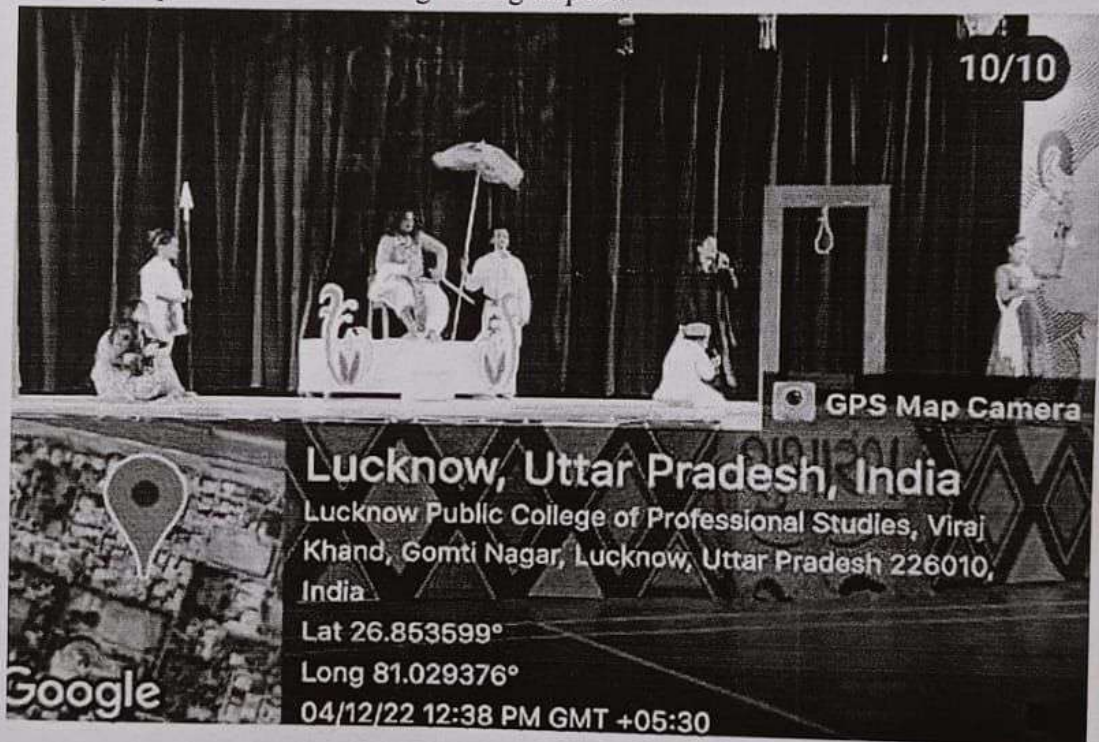
Nukkad Natak is a flagship event of Drama Club where you grasp the audience around you. Nukkad Natak has been a famous part of Indian Tradition. The idea of street play is to propagate

social and political messages in a unique sarcastic way and create awareness amongst the masses. It is highly energetic and enthusiastic which attracts the maximum crowd in a short time.

LPCPS, NSS Volunteers performed an amazing street play at LPCPS Auditorium on EK NAYI SHURUAAT. The objective of organizing this Nukkad Natak was to spread awareness among the students about the relevance of different environmental issues, like potable water, clean water bodies, no plastic usage, afforestation etc. The Natak also aimed at encouraging the students to contribute their bit in the eradication of the menace of pollution from our environment.

About 291 students witnessed the Nukkad Natak with great enthusiasm.

The Guest of Honour Ms. Tulika Banarjee, actress and RJ, appreciated the initiative taken by the organisers and volunteers. She also stated that such media of spreading message through Nukkad Natak is very impressive and has long lasting impact.



Azadi
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

Nukkad Natak- Awareness about Political Movement

On the occasion of Azadi ka Amrit Mahotsav, the NSS coordinators of LPCPS along with Drama Club of LPCPS took it to the streets of Lolai village located in Lucknow tehsil. The students performed 'Nukkad Natak' to raise "Awareness about the political movement" that shaped our nation's identity in order to gain independence and how we, together as one, broke free from the chains of British Imperialism.

आजादी का अमृत महोत्सव के अवसर पर एलपीसीपीएस के एनएसएस समन्वयकों ने एलपीसीपीएस के ड्रामा क्लब के साथ मिलकर इसे लखनऊ तहसील स्थित लोलाई गांव की सड़कों पर उतारा। छात्रों ने "राजनीतिक आंदोलन" के बारे में जागरूकता बढ़ाने के लिए 'नुक़ड नाटक' का प्रदर्शन किया, जिसने स्वतंत्रता प्राप्त करने के लिए हमारे देश की पहचान को आकार दिया और कैसे हम एक साथ मिलकर ब्रिटिश साम्राज्यवाद की जंजीरों से



मुक्त हुए।



Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

Nukkad Natak on Acid Attack

Date of activity: 12/02/2023

Venue: SHEROES hangout, Dr. B. R. Ambedkar Park, Lucknow

Number of Students: 37

Brief about the activity:

NSS, LPCPS mark their presence at the Manthan Foundation's 'Manthan Sahitya Utsav'. This 2 Day festival was held at Sheroes Hangout, from February, 11 to 12.

The members of Happening Souls and NSS participated as volunteers in this Fest, where they got a platform to amplify their talents and skills in their work domains. On Day 1 Pratibimb, the Drama Club of the LPCPS took the reins and grabbed the attention of the audience with their Nukkad Natak on Acid Attack.

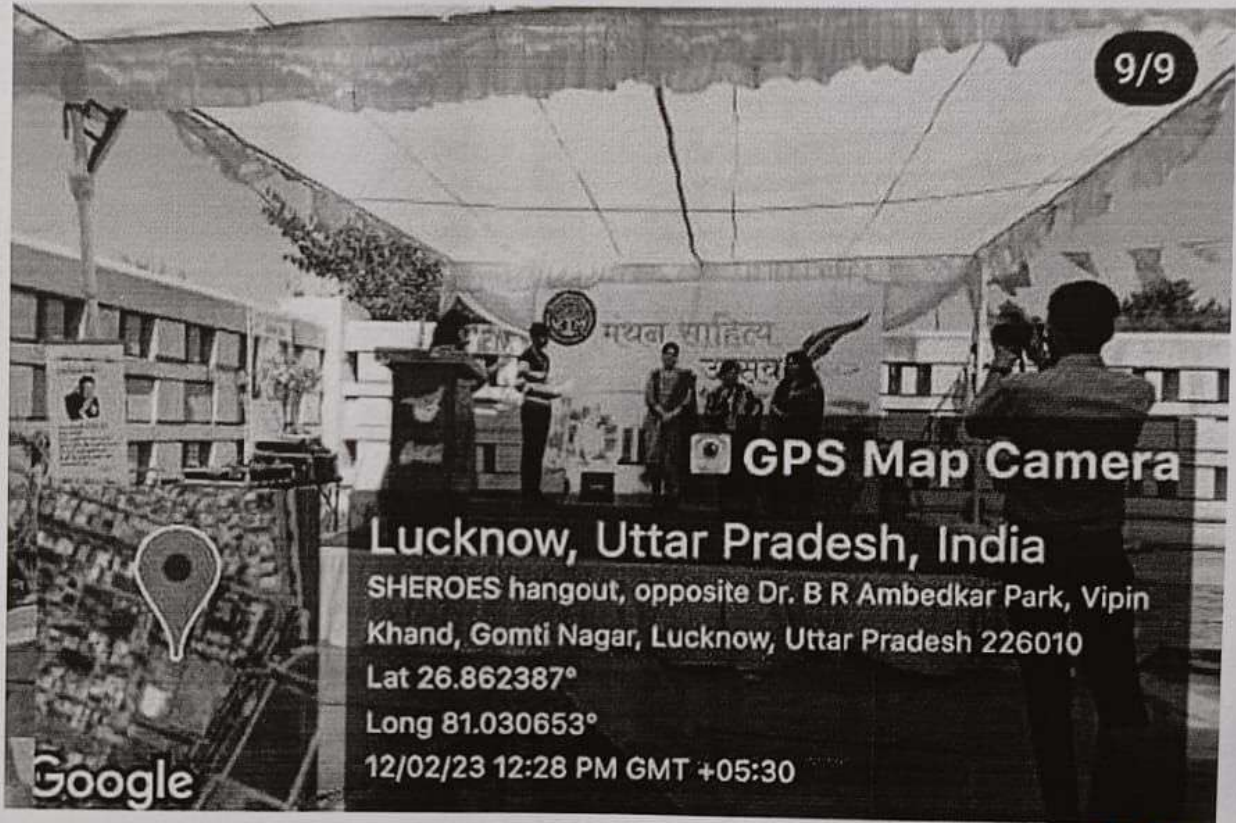
Students of LPCPS also participated in Open Mic on Day 2 and connected with the audience through their beautiful words. In this 2 Day Fest, students of LPCPS learned a lot and also got a platform to showcase their talent to the world.

List of participants in Manthan Literature Fest:

Volunteers (14): Tanishq, Akshat Srivastava, Sagar Singh Rawat, Aniket Vimal, Shiva Shankar Upadhyay, Yash Soni, Anjali Awasthi, Adarika Gupta, Himanshu Shekhar, Shreya Tiwari, Aarya Chaurasia, Anamika Verma, Akansha, Muskan Srivastava.

Nukkad Natak (18): Shashank Awasthi, Ritul Rastogi, Nikhil Pandey, Sarthak Tiwari, Eshana Sharma, Pragya Rai, Nalasha Singh Yadav, Vaishnavi Dixit, Vanshita Jaiswal, Harshita Dwivedi, Srishti Dwivedi, Anushka Saini, Sakshi Shukla, Shivi Singh, Megha Khare, Maaz Ahmad, Shruti Awasthi, Husain Mehdi Zaidi

Open Mic (5): Divya Singh, Shruti Srivastava, Anushka, Shashank Awasthi, Shreyash Yadav



Session on Women Empowerment

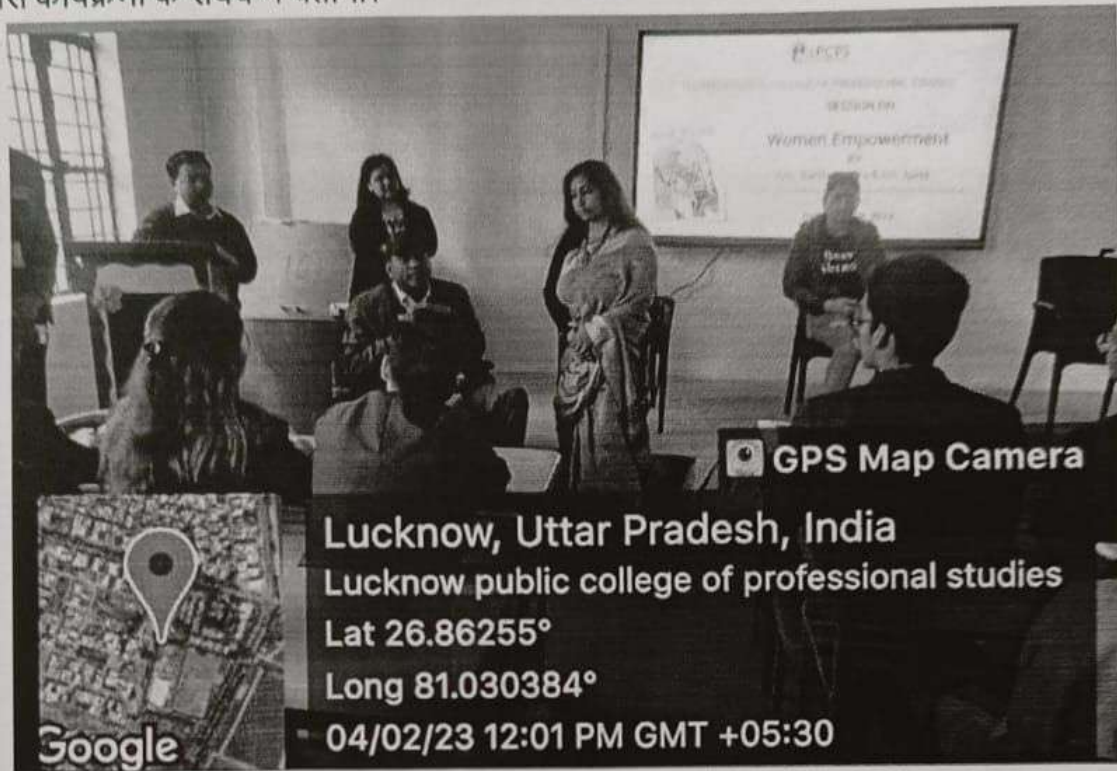
NSS coordinator of LPCPS in collaboration with the Chhanv Foundation, organised a session on 'Women Empowerment'. Speakers, Ms. Sarita Nirjhra and Mr. Ajeet talked about how despite one's failures and disabilities, one can pursue their dreams with their will.

Students got an opportunity to interact with acid attack victims and differently abled speakers who shared their struggles on not being accepted by society and how Sheroes where people irrespective of their social and economic status come together to help those in need through their rehabilitation programmes and help them become their best selves.

एलपीसीपीएस के एनएसएस समन्वयक ने छांव फाउंडेशन के सहयोग से 'महिला सशक्तिकरण' पर एक सत्र का आयोजन किया। वक्ता, सुश्री सरिता निर्झरा और श्री अजीत ने इस बारे में बात की कि कैसे किसी की असफलताओं और विकलांगताओं के बावजूद, कोई अपनी इच्छाशक्ति से अपने सपनों को पूरा कर सकता है।

Principals
Lucknow Public College of Professional Studies
Vinamra Khand, Gominagar, Lucknow

इस प्रक्रिया में छात्रों को एसिड अटैक पीड़ितों और शारीरिक रूप से असक्षम वक्ताओं के साथ बातचीत करने का अवसर मिला। सभी वक्ताओं ने अपने संघर्षों को साझा किया और शीरोज कैफे तथा निजी पुनर्वास कार्यक्रमों के संबंध में बताया।



Aanchal
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

Women's Rights in Society

'She' Synonym for everything. A hurricane, empath, bold and innovative.

To address the social, economic, and political injustice faced on the basis of ones gender, NSS Unit of LPCPS, in collaboration with ICC Committee organized a session on 'Women's Rights in Society, headed by Asst. Prof. Aanchal Praveen.

Through this session girls learned about their lesser known rights which includes:

- Right against harassment and not to be arrested at night.
- Right to domestic violence and free legal aid.
- Right to equal pay, anonymity and morality.
- Right to motherhood benefits and against female feticide.

लिंग के आधार पर होने वाले सामाजिक, आर्थिक और राजनीतिक अन्याय को संबोधित करने के लिए, एलपीसीपीएस की एनएसएस इकाई ने आईसीसी समिति के सहयोग से सहायक की अध्यक्षता में 'समाज में महिलाओं के अधिकार' पर एक सत्र का आयोजन किया। असिस्टेंट प्रोफेसर श्रीमती आंचल प्रवीण ने सत्र में मौजूद सभी लड़कियों को इस विषय से अवगत कराया और इसे एक धारणा के रूप में वर्णित किया।

इस सत्र के प्रमुख बिंदु:

- समान वेतन, गुमनामी और नैतिकता का अधिकार ।
- उत्पीड़न, घरेलू हिंसा, मुफ्त कानूनी सहायता ।
- रात में गिरफ्तार न होने का अधिकार ।
- मातृत्व लाभ का अधिकार और कन्या भ्रूण के विरुद्ध के अधिकार ।



Asmita
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Lucknow Public College of Professional Studies
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WORLD HERITAGE DAY

World Heritage Day, which is also known as the International Monuments and Sites Day, celebrates the work carried out by the ICOMOS – International Council on Monuments and Sites. The day is all about increasing the awareness of the importance of the diversity of cultural heritage and preserving it for generations in the future. Ancient monuments and buildings are an asset to us all around the world. However, they need to be protected to ensure that they continue to be an asset for years and years to come. Therefore, the day is a collective effort of communities around the globe.

LPCPS organized **poster making competition** on the occasion of World Heritage Day in the library of the college in which students of different departments participated with full zeal. Many students participated from different courses.

Judges of this Poster making competition was-

- Ms.Saloni Agrawal (Club Head of Kalakrti)

Results of the Poster making Competition held on 18th April 2023 to celebrate World Heritage Day was:-

- 1st – Utkarsh bajpai B.com (Hons) 4th semester
- 2nd - Ranjana Yadav B.com (Hons) 2nd semester
- 3rd - Sakshi Chawala B.com (Hons) 4th semester
- 3rd -Naincy Gupta B.com (Hons) 4th semester

Big Congratulations to the winners!

Posters which was selected were-

- Utkarsh bajpai B.com (Hons) 4th semester- 1st



Ranjana Yadav B.com
(Hons) 2nd semester-
2nd

Asmita
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

WORLD BOOK AND COPYRIGHT DAY

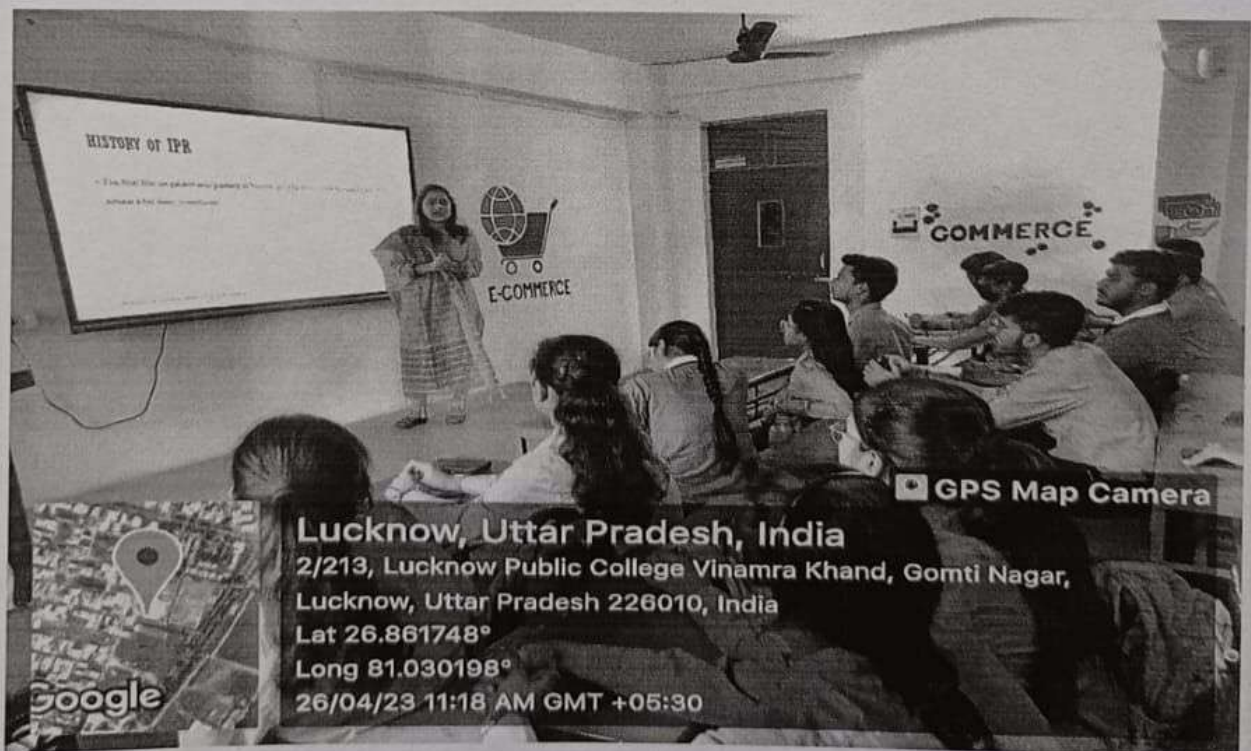
WORLD INTELLECTUAL PROPERTY DAY

World Book Day, also known as World Book and Copyright Day or International Day of the Book, is an annual event organized by the United Nations Educational, Scientific and Cultural Organization (UNESCO) to promote reading, publishing, and copyright. The first World Book Day was celebrated on 23 April in 1995, and continues to be recognized on that day.

World Intellectual Property Day is observed annually on April 26. The event was established by the World Intellectual Property Organization (WIPO) in 2000 to "raise awareness of how patents, copyright, trademarks and designs impact on daily life" and "to celebrate creativity, and the contribution made by creators and innovators to the development of economies and societies across the globe". April 26 was chosen as the date for World Intellectual Property Day.

On the occasion of World Book and Copyright Day and World Intellectual Property Day, Lucknow Public College of Professional Studies organized a session for the students of LPCPS which was given by Dr. Richa Mishra (Department of Commerce) of LPCPS. All the students and faculty members were very enthusiastic for this session and actively participated thought out this session

Topic of this session was” Intellectual property rights & their role relevance in India”



Richa Mishra
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