



**LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES**

**Poshan Pakhwada 2025**

**Date of activity:** 17/04/2025

**Number of Students:** 19

**Venue:** Villages Sallahimau and Dallookhera, District Lucknow

**Brief about the activity:**

Poshan Pakhwada 2025 was observed nationwide from 8 April to 22 April as part of the Government of India's "Poshan Abhiyaan", implemented by the Ministry of Women and Child Development in collaboration with various ministries and state governments. The campaign focuses on improving the nutritional status of children and women, promoting maternal and child nutrition, encouraging the use of digital nutrition trackers and addressing childhood obesity.

Under this initiative, the NSS Unit of Lucknow Public College of Professional Studies (LPCPS) organised a community outreach programme on 17 April 2025 in the villages Sallahimau and Dallookhera, District Lucknow, Uttar Pradesh (226501). A group of 19 NSS student volunteers, led by Dr. Ashish Kaushal, Associate Professor and NSS Coordinator, and Mr. Chetan Khanna, Assistant Professor and NSS Coordinator, visited households and interacted with children and mothers.

The volunteers explained the importance of balanced diets, safe drinking water, hygiene, immunisation and adequate nutrition during the first 1,000 days of life through charts and posters. To reinforce the message of healthy eating, bananas and biscuit packets were distributed among the children. The activity helped sensitise the village community towards better nutrition practices and strengthened the spirit of social responsibility among LPCPS students.



**Dallookhera, Uttar Pradesh, India**  
Dallookhera, Uttar Pradesh 226501, India  
Lat 26.836663° Long 81.092837°  
17/04/2025 02:43 PM GMT +05:30



**Dallookhera, Uttar Pradesh, India**  
Dallookhera, Uttar Pradesh 226501, India  
Lat 26.835024° Long 81.094011°  
17/04/2025 07:20 PM GMT +05:30



**Lucknow, Uttar Pradesh, India**  
Lucknow, Uttar Pradesh 226501, India, Lucknow, Uttar Pradesh  
226501, India  
Lat 26.846729° Long 81.083723°  
17/04/2025 06:16 PM GMT +05:30

कार्यक्रम अधिकारी  
राष्ट्रीय सेवा योजना  
लखनऊ पब्लिक कॉलेज ऑफ प्रोफेशनल स्टडीज  
विनामरा खण्ड गौतमगढ़ नगर, लखनऊ

Principal  
Lucknow Public College of Professional Studies  
Vinamra Khand, Gomtinagar, Lucknow

S.No	Name of Students	Programme	Signature
1.	Aditi Agarwal	BCA	Aditi
2	Shambham Chaudhary	BCA	Shambham
3.	Ayush Yadav	BCOM	Ayush
4.)	Merenobro Singh	B.COM	N D.
5.)	Rashmita Lal	BBA	
6)	Dhaval Vaish	BBA	Dhaval
7.)	Ruchi Singh	BCOM(H)	Ruchi
8.	Miyanshi Raj	BBA	Miyanshi
9.	Riddhi Katoch	BBA	Riddhi
10.	Abhinav Mishra	BCA	Abhinav
11.	Ankit Shukla	B.COM	Ankit Shukla
12.	Rudra Singh	B.COM	Rudra Singh
13.	Sannidhi Singh	B.COM(H)	Sannidhi Singh
14.	Sheetal Yadav	B.COM	Sheetal
15	Raman Singh	BBA	Raman
16.	Aarya Shekhar Singh	BCA	Aarya
17.	Aananya Singhal	BCA	Aananya
18.	Veer Hwari	B.COM(H)	Veer
19.	Prasawal Singh Patel	BBA	Prasawal Singh

कार्यक्रम अधिनारी  
राष्ट्रीय सेवा योजना  
संस्कृत पब्लिक कॉलेज ऑफ प्रोफेशनल स्टडीज  
विन्मरा खण्ड गौमती नगर, लखनऊ

  
Principal  
Lucknow Public College of Professional Studies  
Vinamra Khand, Gomtinagar, Lucknow

## LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

### Fire Safety Demonstration and Evacuation Drill

**Date of activity:** 17/05/2025

**Number of Students:** 313

**Venue:** LPCPS Ground

**Brief about the activity:**

A Fire Safety Demonstration and Evacuation Drill was organised on 17 May 2025 at the college ground of Lucknow Public College of Professional Studies (LPCPS), Gomti Nagar, Lucknow, for students and staff members. The programme aimed to build awareness about fire hazards and to train participants in responding calmly and effectively during emergencies. A dedicated team from the Gomti Nagar Fire Station conducted the mock drill and live demonstration.

The session began with an introduction to the basic principles of fire, its common causes in school and household settings, and the importance of early detection and prompt reporting. The officers explained different classes of fire and demonstrated the proper use of various types of fire extinguishers placed on the ground. They also highlighted key safety precautions, such as not panicking, switching off the main power supply, and maintaining clear escape routes.

A practical demonstration of extinguishing a controlled fire was carried out, followed by a guided evacuation in which students practised assembling quickly at the designated safe area on the college ground. The drill reinforced the need for discipline, alertness, and teamwork during any crisis. LPCPS expressed its gratitude to Chief Fire Officer and the entire team of the Gomti Nagar Fire Station for their informative and impactful demonstration.



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राष्ट्रीय प्रशिक्षण कालेज ऑफ प्रोफेशनल स्टडीज  
पिनक रोड गोगती नगर, लखनऊ

*Amit Singh*  
Principal  
Lucknow Public College of Professional Studies  
Vinamra Khand, Gomtinagar, Lucknow

## Fire Safety Demonstration and Evacuation Drill

**Attendance Sheet**

**Date: 17/05/2025**



S.No	Number of Students	Programme & Semester	CT Signature
01	23	BCA - II	<i>[Signature]</i>
02	24	BCA - IV	Vsingh
03	17	BCA - VI	<i>[Signature]</i>
04	25	BBA - II	<i>[Signature]</i>
05	22	BBA - IV	<i>[Signature]</i>
06	17	BBA - VI	<i>[Signature]</i>
07	23	BCH - II	<i>[Signature]</i>
08	28	BCH - IV	<i>[Signature]</i>
09	15	BCH - VI	S.P. Singh.
10	27	B.COM - II	<i>[Signature]</i>
11	25	B.COM - IV	<i>[Signature]</i>
12	18	B.COM - VI	<i>[Signature]</i>
13	20	BAJMC - II	<i>[Signature]</i>
14	15	BAJMC - IV	<i>[Signature]</i>
15	14	BAJMC - VI	<i>[Signature]</i>

*[Signature]*  
कार्यक्रमाधिकारी  
राष्ट्रीय सेवा योजना  
लखनऊ पब्लिक कॉलेज ऑफ प्रोफेशनल स्टडीज  
विनामरा खण्ड गोमती नगर, लखनऊ.

*[Signature]*  
Principal  
Lucknow Public College of Professional Studies  
Vinamra Khand, Gontinagar, Lucknow



## LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

### World Environment Day Celebration

**Date of activity:** 05/06/2025

**Number of Students:** 130

**Venue:** Block A, Room No.- 101

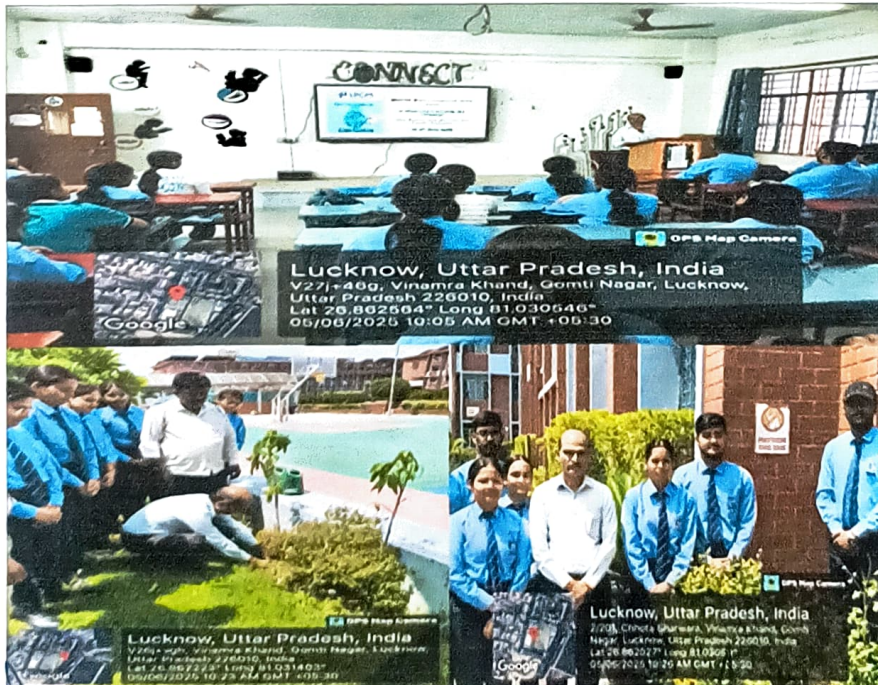
#### Brief about the activity:

The NSS unit of Lucknow Public College of Professional Studies (LPCPS) celebrated World Environment Day on 5 June 2025 at the college campus, Vinamra Khand, Gomti Nagar, Lucknow. The programme was organised to sensitise students about the urgent need to protect and conserve the environment.

The session was conducted by Prof. (Dr.) Laxmi Shankar Awasthi, Dean Academics, LPCPS. In his address he explained the significance of World Environment Day and highlighted major environmental challenges such as pollution, climate change, loss of biodiversity and excessive use of plastic. He emphasised the message “One Nation, One Mission – End Plastic Pollution” and motivated students to reduce single-use plastic, adopt sustainable habits and act as responsible citizens.


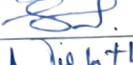
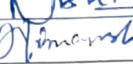




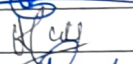
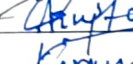
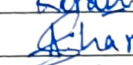
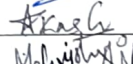
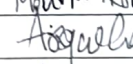

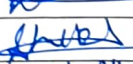

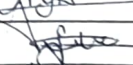


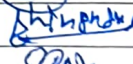

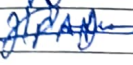








After the talk, students along with Dean Academics participated in a plantation activity in the college premises. Saplings were planted and existing plants were watered to reinforce the importance of increasing green cover and maintaining cleanliness. Students also took a pledge to keep the campus polythene-free and to spread awareness in their neighbourhoods.

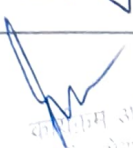
The event successfully encouraged participants to reflect on their everyday actions and strengthened the commitment of the NSS volunteers of LPCPS towards environmental protection and sustainable living.




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सर्वीस सेवा योजना  
लखनऊ पब्लिक कॉलेज ऑफ प्रोफेशनल स्टडीज  
विन्मरा खण्ड गॉमती नगर, लखनऊ

*Abingh*  
Lucknow Public College of Professional Studies  
Vinamra Khand, Gomtinagar, Lucknow

S. No	Name of Student	Programme	Signature
01	Deepak Kumar	BCH-3rd	
02	Sneha Saxena	BCH-2nd	
03	Nishtha Agarwal	BCA-2nd	
04	Himanshu Sharma	BCA-2nd	
05	Nawaz Khan	M.com	
06	Ashwini Chaudhary	BBA	
07	Gray Pandey	BAIMC	
08	Zainab	BAIMC	
09	Vanshika Kukreja	B.B.A	
10	BHUSHAN VERMA	B.COM	
11	Ayushi Singh	BPMC	
12	Aanya Gupta	BBA	
13	Karan Mandhan	BBA	
14	Apit Sharma	BBA	
15	Apashi Mishra	BCH	
16	Melvish Nil	BCA	
17	Arya Chauhan	BBA	
18	Arya Saroj	BBA	
19	Kushagra Gaur	B.COM	
20	Chikha Chaudhary	BCA	
21	Mohita Chaudhary	BCA	
22	Arya Verma	BCH	
23	Jimmy Rudagi	BCH	
24	Dulani Verma	B.COM	
25	Sweety Gupta	BBA	
26	Rahul Singh	BCH	
27	Shreera Verma	B.COM	
28	Lav Verma	BAIMC	
29	Ayushi Sharma	BAIMC	
30	Nitlap Singh	BAIMC	

  
 Lucknow Professional College  
 Lucknow

  
 Lucknow Professional College  
 Vinayra Khanna, Lucknow

# LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

## “Yoga for One Earth, One Health”

**Date of activity:** 21/06/2025  
**Number of Students:** 350 +  
**Venue:** LPCPS Ground  
**Brief about the activity:**

On 21st June 2025, the NSS Unit of *Lucknow Public College of Professional Studies (LPCPS)* organized a special yoga session on the theme “**One Earth, One Health**” to mark the occasion of International Yoga Day. The programme highlighted the importance of yoga as a holistic practice that promotes physical, mental, and environmental well-being, aligning with the global vision of harmony between individuals and the planet.

More than **350 students** enthusiastically participated in the session, along with faculty members from various departments. The event was conducted in the college campus, where participants performed a series of yoga asanas, pranayama, and meditation practices under the guidance of trained instructor. The focus was on simple yet effective postures that improve flexibility, immunity, stress management, and overall health.

Faculty members emphasized how yoga contributes to sustainable living by fostering inner balance, mindful habits, and a healthier lifestyle. Students were also encouraged to incorporate yoga into their daily routine and promote its benefits within their families and communities.

The programme successfully created awareness about the connection between human health and the health of the earth. The event concluded with a collective pledge to practice yoga regularly and contribute toward building a healthier, greener, and more peaceful world.



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 मिन्याम खान, गौरी नगर, लुधियाना

Principal  
 Lucknow Public College of Professional Studies  
 Minnaya Khan, Gauri Nagar, Lucknow

S.No	Number of Students	Programme & Semester	CT Signature
01	25	BBA - II	<i>[Signature]</i>
02	26	BBA - IV	<i>[Signature]</i>
03	17	BBA - VI	<i>[Signature]</i>
04	28	BCA - II	<i>[Signature]</i>
05	24	BCA - IV	<i>[Signature]</i>
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10	29	BCH - II	<i>[Signature]</i>
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12	20	BCH - VI	<i>[Signature]</i>
13	27	BJMC - II	<i>[Signature]</i>
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*[Signature]*  
**Principal**  
Lucknow Public College of Professional Studies  
Vinamra Khand, Gominagar, Lucknow