



LPCPS
LUCKNOW PUBLIC COLLEGE
OF PROFESSIONAL STUDIES

LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

WORLD ANIMAL DAY

Animal Welfare – Feeding Stray Animals

Date of activity: 4/10/2023

Number of participants: 12 students

Venue: LPCPS near by

Brief about the activity:

"HE WHO FEEDS A HUNGRY ANIMAL FEEDS HIS OWN SOUL"

As every year 4th of October is celebrated as "WORLD ANIMAL DAY" on this day NSS wing of Lucknow Public College of Professional Studies took a step forward in its commitment to community welfare by organising a stray animals feeding drive.

The event aimed to promote compassion towards animals and creating awareness about wellbeing and alleviating the hunger and suffering of stray animals in our vicinity. The drive received overwhelming response from NSS volunteers, students, faculty and staff of college.

हर साल 4 अक्टूबर को "विश्व पशु दिवस" के रूप में मनाया जाता है, इस दिन लखनऊ पब्लिक कॉलेज ऑफ प्रोफेशनल स्टडीज की एनएसएस विंग आवारा जानवरों को चारा खिलाने का अभियान चलाकर सामुदायिक कल्याण के प्रति अपनी प्रतिबद्धता में एक कदम आगे बढ़ाया।

इस कार्यक्रम का उद्देश्य जानवरों के प्रति करुणा को बढ़ावा देना और उनके कल्याण के बारे में जागरूकता पैदा करना और हमारे आसपास के क्षेत्र में आवारा जानवरों की भूख और पीड़ा को कम करना है। इस अभियान को एनएसएस स्वयंसेवकों, छात्रों, कॉलेज के संकाय और कर्मचारियों से जबरदस्त प्रतिक्रिया मिली।



National Service Scheme
Lucknow Public College of Professional Studies



Is
Celebrating



"HE WHO FEEDS A HUNGRY ANIMAL
FEEDS HIS OWN SOUL"

ASR

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लखनऊ पब्लिक कॉलेज ऑफ प्रोफेशनल स्टडीज
विन्मरा खण्ड गामती नगर, लखनऊ



ASR

Principal

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National Service Scheme
Lucknow Public College of Professional Studies



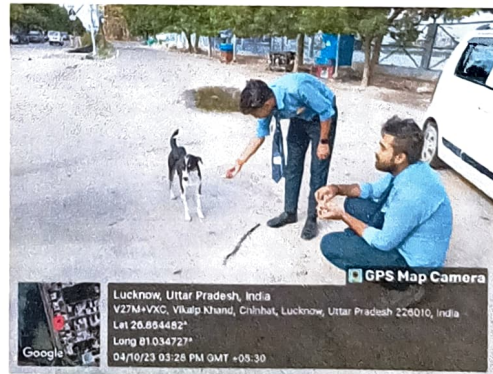
**Is
Celebrating**



**WORLD
ANIMAL
DAY**

OCTOBER 4

**“HE WHO FEEDS A HUNGRY ANIMAL
FEEDS HIS OWN SOUL”**



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विनाम्रा खण्ड गौमती नगर, लखनऊ.

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Principal

Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow



LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

Awareness Campaign on Menstrual Hygiene

Date of activity: 06/ 10/ 2023

Number of Students: 96

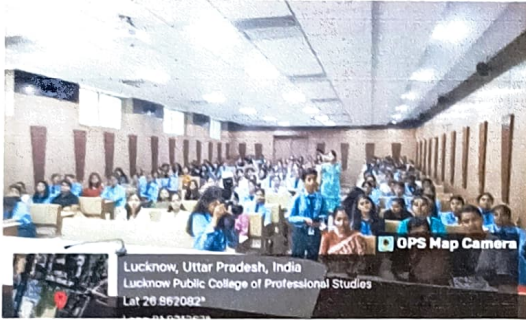
Venue: Conference Hall, LPCPS

Brief about the activity:

According to the World Health Organization, around the world, 1.8 billion women menstruate every month, yet at least 500 million of them—mostly in developing countries—lack the knowledge and means to manage their menstrual health safely and with dignity. The same study revealed that 71 percent of adolescent girls remain unaware of menstruation until their first menstrual cycle, affecting their health, confidence, and self-esteem.



NSS Unit of Lucknow Public College of Professional Studies organized a session for the girls students of LPCPS so that they can get aware about the menstrual hygiene. The awareness session was given by Dr. Pratibha Sachan (MBBS, DGO Gynecologist and Infertility consultant CNS Groups of hospital). All the girl students got aware about menstrual hygiene and sanitary pads were also distributed among the girls.



The objective of the program was to enhance the knowledge regarding menstrual hygiene and increased the awareness among the female girls of LPCPS about menstrual hygiene.

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विनम खण्ड गोमती नगर, लखनऊ

Principal

Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow

Attendance Sheet
Awareness Session on Menstrual Hygiene

Date-	6/10/23			
S.No	Name	Class	Semester	Signature
1	Ananya Gupta	BCA	I	Ananya Gupta
2	Anshika Chauhan	BCA	I	Anshika
3	Shivangee Tandon	BCA	I	Shivangee Tandon
4	Akanksha Mishra	B Com (H)	I	Akanksha
5	Priya Kumari	BBA	I	Priya
6	Shivam Verma	BBA	I	Shivam Verma
7	Manasvi Srivastava	BBA	I	Manasvi
8	Preeti Rai	B JMC	I	Preeti
9	Sankriti Shukla	B JMC	I	Sankriti
10	Gupta Singh	B JMC	I	Gupta Singh
11	Kaushiki Gupta	B JMC	I	Kaushiki Gupta
12	Aqsa Tandon	B JMC	I	Aqsa Tandon
13	Zuneh Siddiqui	B JMC	2st	Zuneh
14	Koshik Sahu	BCA	I Sem	Koshik
15	Mayuri Gupta	B.com(H)	I	Mayuri
16	Khushi Mishra	BCA	I	Khushi
17	Jahnvi Verma	BCA	I	Jahnvi
18	Kritika Chauhan	BCH	I	Kritika
19	Vaishali Singh	BCH	I	Vaishali
20	Aanchal Pandey	BCH	I	Aanchal
21	Shruti	BCH	I	Shruti
22	Khushi Singh	BBA	I	Khushi Singh
23	Aarati Singh	BBA	I	Aarati Singh
24	Rishika Samranishi	BBA	I	Rishika
25	Shagun Jaiswal	B.com(H)	I	Shagun
26	Anshika Shukla	B.com(H)	I	Anshika
27	Aditi	B.com(H)	I	Aditi
28	Deeksha Khare	B.com(H)	I	Deeksha
29	Aanchal Verma	B JMC	II	Aanchal
30	Pari Anora	BCA	III	Anora
31	Saima Hassan	BCA	III	Saima
32	Shreya Yadav-1	BCA	III	Shreya
33	Shreya Yadav-2	BCA	III	Shreya
34	Arpita Singh	BCA	III	Arpita
35	Anshika Trivedi	BCA	III	Anshika
36	Anu Pal	BBA	I	Anu Pal
37	Shreya Shukla	BCA	I	Shreya
38	Khushi Prasad	BBA	I	Khushi Prasad
39	Kumari Akancha	BBA	I	K. Akancha
40	Anshika Sahu	BCA	I	Anshika
41	Anshika Singh	BCA	I	Anshika
42	Rishika Srivastava	BCA	I	Rishika
43	Kaushika Pal	BBA	I	Kaushika
44	Mahi Vishwakarma	BBA	I	Mahi
45	Kabir Srivastava	BBA	I	Kabir
46	Tanu Sharma	BCA	I	Tanu

Principal

Lucknow Public College of Distance Education

Attendance Sheet
Awareness Session on Menstrual Hygiene

Date-	6/10/23			
S.No	Name	Class	Semester	Signature
1	Vanshika Thapa	BBA	1 st	Vanshika Thapa
2	Achita Agarwal	B.com(H)	1 st	Achita
3	Chahat Srivastava	B.com(H)	1 st	Chahat
4	Mammat Tripathi	B.com (H)	1 st	Mammat
5	Swarnil Yadav	B.com	1 st	Swarnil
6	Tapasya Singh	B.Com	1 st	Tapasya
7	Yukti Shukla	BBA	5 th	Yukti
8	Ojjeshwari Singh	BBA	5 th	Ojjeshwari
9	Shranya Srivastava	BCA	5 th	Shranya
10	Vishwani Pandey	B.Com(H)	3 rd Sem	Vishwani
11	Riya Gupta	B.Com(H)	3 rd Sem	Riya
12	Nidhi Tanwar	B.Com(H)	3 rd Sem.	Nidhi
13	Shivani Lodhi	B.com(H)	3 rd sem	Shivani
14	Khushi Dubey	BBA.	1 st	Khushi
15	Shambhavi Pandey	BAJMC	3 rd Year	Shambhavi
16	Shobhna Rastogi	BAJMC	3 rd Year	Shobhna
17	Khushi Gupta	BAJMC	3 rd Year	Khushi
18	Khushi Kaswadkar	BAJMC	3 rd Year	Khushi
19	Subhashini Maurya	BCA	1 st	Subhashini
20	Raunak Singh	BCA	1 st	Raunak
21	Pragya Verma	BCA	1 st	Pragya
22	Kashish Jainwal	BCA	1 st	Kashish
23	Tanya Tiwari	BCA	1 st	Tanya
24	Vansha	BCA	1 st	Vansha
25	Priyanshi Raj	BCA	1 st	Priyanshi
26	Shashwani Chauhan	BCA	1 st	Shashwani
27	Sangam Rastogi	B.com (H)	1 st	Sangam
28	Muskan Yadav	BCA	1 st	Muskan
29	Akanksha Mishra	BCOM(H)	1 st	Akanksha
30	Shivangee Tandon	BCA	1 st	Shivangee
31	Anshika Chauhan	BCA	1 st	Anshika
32	Aranya Gupta	BCA	1 st	Aranya
33	Dinya Singh	BAJMC	3 rd 5 th	Dinya Singh
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Lucknow Public College of Professional Studies

Awareness Session on Menstrual Hygiene

Date-	6/10/23			
S.No	Name	Class	Semester	Signature
1	Chusika Nigam	BAJMC	3 rd	Anigam
2	Tripti Nigam	BAJMC	3 rd	Tripti
3	Shambhavi Gupta	BAJMC	3 rd	Shambhavi
4	Vaishnavi Singh	BAJMC	3 rd	Vaish
5	Sabeena Khatun	BCH mc	I st	Sabeena
6	Varunika	BCH	I st	Varunika
7	Anchal Gupta	BCH	I st	Anchal
8	Ambalika Singh	BJMC	I st	Ambalika
9	Antima Patel	BBA	I st	Antima
10	Akshiti Singh	BBA	I st	Akshiti
11	Aashvi Chitranshi	BBA	I st	Aashvi
12	Shivani Mishra	BBA	I st	Shivani
13	Namrajit Kaur	BBA	5 th Sem	Namrajit
14	Nidhi	BBA	5 th Sem	Nidhi
15	Shreya Jaiswal	BBA	III	Shreya
16	Pratiksha Pandey	BAJMC	III	Pratiksha Pandey
17	Afiya Anam	BAJMC	III	Afiya Anam
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Awareness Session on Menstrual Hygiene and Menopause

Date of activity: 06/ 10/ 2023

Number of beneficiaries: 16

Venue: Conference Hall, LPCPS

Brief about the activity:

Menstruation and menstrual practices are still clouded by taboos and socio-cultural restrictions resulting in adolescent girls remaining ignorant of the scientific facts and hygienic health practices, which sometimes result into adverse health outcomes.

Menstruation is a major part of life for millions of young girls and women worldwide. On average, a woman will menstruate for 3,000 days during her lifetime. However, the needs and challenges faced by many young women and girls as they struggle to manage their menstrual hygiene are largely ignored, especially in developing countries. This situation persists despite new developments in the hygiene and sanitation sector in recent years.

An awareness session on “**Menstrual Hygiene and Menopause**” was conducted on 6th October, 2023, by NSS unit of Lucknow Public College of Professional Studies for the female faculty & staff members of LPCPS. The session was taken by **Dr. Pratibha Sachan, Director, Arnav Paramedical Institute, Barabanki.**

The objective of the program was to enhance the knowledge regarding menstrual hygiene and increased the awareness among the female faculty & staff members of LPCPS about menstrual hygiene.



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S.No	Name of beneficiary	Signature
1-	अनीता वर्मा	अनीता वर्मा
2-	रिमी मयथप	रिमी
3-	आशा	आशा
4-	राज्या	राज्या शुक्ला
5-	रगिनी	रगिनी
6-	शान्ता	शान्ता
7-	गीता	गीता
8-	रामकली	रामकली
9-	माहिनी श्रीवास्तव	माहिनी
10-	सोमा राणी	सोमा
11-	रेशमा देवी	रेशमा
12-	मीना देवी	मीना
13-	Aanchal Praveen	Aanchal
14-	Priyanka Singh	Priyanka Singh
15-	Saloni Agarwal	Saloni
16-	Rashmi Sachan	Rashmi


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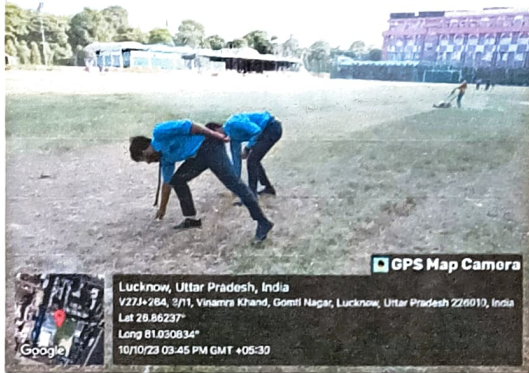
LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

GROUND CLEANING ACTIVITY

Date of activity: 10/10/2023
Number of participants: 12 students
Venue: LPCPS Ground
Brief about the activity:

As a part of the cleanliness drive, NSS organized Swachh Bharat activity named “Ground Cleaning Activity” within the college campus. The Ground cleanliness activity was conducted by N.S.S volunteers to make ground clean for sports and other activities. The volunteers were divided among groups; some volunteers were involved in collection of waste and cleaning the same, whereas some carried out the grass clearing which was covered on ground.

The cleanliness program not only helped to clean the college ground but also helped to spread Awareness regarding hygiene and health.



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Arvind
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gominagar, Lucknow



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Meeting with Village Pradhan- "Needs and Challenges Faced by the Local Community"

Date of activity: 04/11/2023

Number of participants: 24 students

Venue: Faridpur village

Brief about the activity

On 11th November 2023, a group of 27 students from Lucknow Public College of Professional Studies (LPCPS) participated in a meeting with the Pradhan of Faridpur village, organized by the NSS unit of LPCPS. The meeting was attended by Dr. L.S Awasthi, Dean Academics along with three faculty members of the institution.

The primary objective of the meeting was to foster collaboration between the college and the local community, enhancing the involvement of students in rural development activities. Dr. Awasthi and the faculty members discussed various social initiatives, including the importance of education, sanitation, and sustainable development for rural areas. The Village Pradhan shared insights into the needs and challenges faced by the local community and emphasized the importance of youth participation in addressing these issues.

The students actively engaged in the discussion, offering suggestions for potential projects and initiatives that could benefit the village. They also expressed their interest in taking part in activities such as organizing health camps, awareness drives, and skill development programs.

This meeting was a step towards bridging the gap between urban education and rural development, fostering a sense of social responsibility among the students while promoting community engagement.



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Visit to Orphanage – “Shri Ram Audhyogic Anathalaya”

Date of activity: 05/11/2023

Number of participants: 11 students

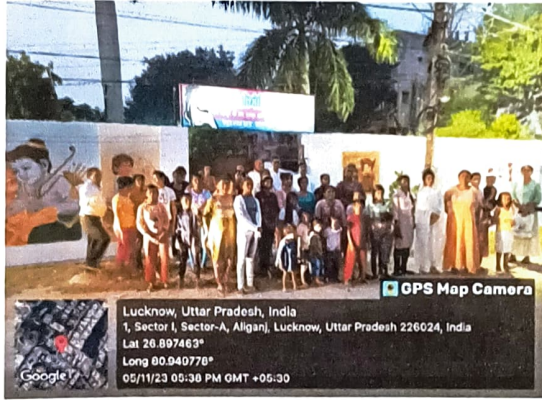
Venue: Shri Ram Audhyogic Anathalaya, Sector-A, Aliganj, Lucknow, Uttar Pradesh 226024, India

Brief about the activity:

On 5th November, 2023, eleven students of Lucknow Public College of Professional Studies along with LPCPS, NSS coordinator visited Shri Ram Audhyogic Anathalaya, an institution dedicated to providing care and shelter to orphaned children. The visit aimed to learn more about the daily life of the children, understand their needs, and explore potential ways of providing support or assistance. The orphanage is home to children from various backgrounds, including those who have lost both parents and others from challenging family circumstances.

During the visit, LPCPS students spent time talking with the orphanages, participating in their daily activities, and learning about their routines. Some of the orphaned children showed great enthusiasm for learning and shared their achievements with us.

At last, it is important to continue raising awareness about the needs of orphanages like this one and explore avenues for ongoing support, whether through donations, volunteering, or advocacy.



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Vinamra Khand, Gominagar, Lucknow



LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

Health & Hygiene- Distribution of Soaps in Village- Phase 1

Date of activity: 09/11/2023

Number of participants: 10 students

Venue: Fareedpur village

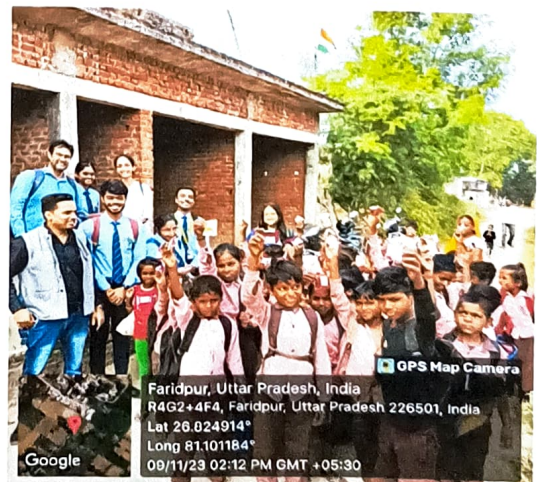
Brief about the activity

On November 9th, 2023, a group of 10 students and 2 faculty members from LPCPS, under the National Service Scheme (NSS) unit, organized a health and hygiene campaign in Fareedpur village. The initiative aimed at promoting personal hygiene, with a focus on hand washing, by distributing soaps to village residents. The event was conducted under the guidance and support of the village Pradhan, who coordinate and facilitated community participation.

The group visited several households in the village, particularly focusing on families in need. They distributed over 100 bars of soap, explaining the importance of regular hand washing in preventing the spread of diseases, especially during the ongoing change of climate. The students demonstrated proper hand washing techniques and shared educational materials on maintaining hygiene.

The pradhan played a key role in rallying the community for the cause, ensuring the participation of local children. The students also engaged in discussions with the village students, addressing their concerns about sanitation and providing information on other essential health practices.

The event was a success, fostering greater awareness about hygiene and its significance in overall health. The initiative reflected the commitment of LPCPS and its NSS unit to contributing to the well-being of rural communities.



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Asmita
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gominagar, Lucknow



LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

Health & Hygiene- Distribution of Soaps in Village- Phase 2

Date of activity: 20/11/2023

Number of participants: 24 students

Venue: Fareedpur village

Brief about the activity

On 20th November, 2023, a group of 24 students from Lucknow Public College of Professional Studies visited Fareedpur village to promote hygiene awareness. The visit aimed to educate the villagers, especially women and children, about the importance of maintaining personal and community hygiene for better health and well-being.

The students began their outreach by organizing an interactive session where they demonstrated proper handwashing techniques, emphasizing the use of soap and water. They also explained the significance of hygiene practices in preventing common diseases, such as diarrheal infections, skin conditions, and respiratory issues. Using simple language and visual aids, the students conveyed how cleanliness could lead to healthier lives and a safer environment.

To further support the village’s hygiene efforts, the students distributed free soaps to every household. They provided tips on the effective use of soap for handwashing, bathing, and cleaning everyday items. Alongside the distribution, the students engaged in one-on-one conversations, addressing specific hygiene concerns and answering questions from the villagers.

The visit concluded with a pledge from the villagers to adopt regular hygiene practices, thanks to the practical demonstrations and informative discussions led by the students. The initiative was well-received and is expected to have a lasting positive impact on the village's health practices.



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S.No	Name of Student	Programme	Sign
1	Anadika Gupta	BCA	Anadika
2	Anjali Awasthi	BBA	Anjali
3	Pratiksha Pandey	BAJMC	Pratiksha
4	Mananshu Sharma	BCA	Mananshu
5	Ayushi Sharma	BBA	Ayushi
6	Dinya Sainstava	BBA	Dinya
7	Kavya Mishra	BAJMC	Kavya
8	Anushka Nigam	BAJMC	Anushka
9	Aditya Singh Kana	BCA	Aditya S.
10	Deepsha Khare	BCom	Deepsha
11	Hanchal Chaudhary	Bcom	HChaudhary
12	Ahasev Mishra	BCA	Ahasev
13	Shambhavi Chauhan	BCA	Shambhavi
14	Shubhi Tripathi	BBA	Shubhi
15	Priyanshu Yadav	BBA	Priyanshu
16	Nawaz Khan	BCom	Nawaz Khan
17	Arpita Singh	BCA	Arpita Singh
18	Shashwat Kumar	BAJMC	Shashwat Kumar
19	Deepesh Pandey	Bcom (H)	Deepesh Pandey
20	Pratiksha Pandey	BAJMC	Pratiksha Pandey
21	Branjal Singh	Bcom (H)	Branjal Singh
22	Akanksha Mishra	Bcom (H)	Akanksha
23	Shrutakshi Dwivedi	BAJMC	Shrutakshi
24	Mayank Singh	Bcom (H)	Mayank

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विद्यालय, लखनऊ, लखनऊ

(Signature)

Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomtinagar, Lucknow



LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

SPECIAL CLASSES FOR VILLAGE STUDENTS

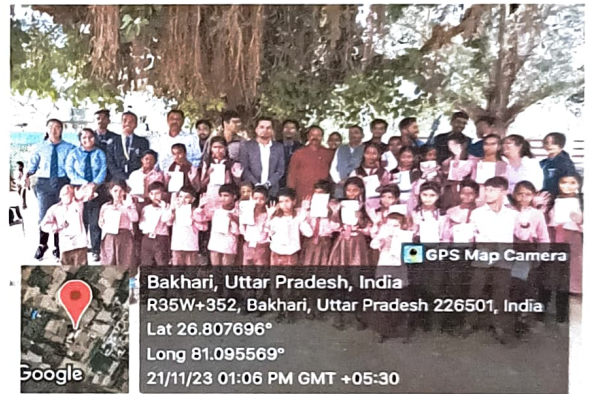
Date of activity: 21/11/2023

Number of students: 12

Venue: Upper Primary School MEESA, Gosainganj, Lucknow.

Brief about the activity:

As part of the Village Adoption Policy Education Awareness Initiative, 12 students from NSS unit of Lucknow Public College of Professional Studies visited Upper Primary School MEESA, Gosainganj, Lucknow, on 21 November 2023. The school is located within the Fareedpur Gram Panchayat. The team, comprising fourteen members—twelve students and two faculty members—organized various activities for the students. These activities included interactive sessions to enhance creativity, learning speed, and team coordination through fun, educational games. To monitor learning outcomes, the volunteers asked questions related to the activities, and students who provided correct answers were rewarded with gifts.



The initiative was highly appreciated by the school's Principal, who encouraged further collaborative efforts.



कार्यक्रम अधिकारी
राष्ट्रीय सेवा योजना

LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES
विनमरा खण्ड गौमती नगर, लखनऊ

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