

LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

Sample of Seminars



LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

Ref.: LPCPS/PRINCIPAL/21-22/.....03/06

Date: 21/03/2022

NOTICE

This is to inform you that college is organizing a seminar for 3rd Year students in association with Accman Business School on "Stress Can Be Your Friend" with Prof. Ankita Indu (Faculty, Indraprastha University, Delhi) on 23rd March, 2022 at 10:00am in the Room No. A-101 (Ground Floor) of the college.

(Prof. Anil Singh)

Principal
Principal
Lucknow Public College of Professional Studies
Vinamra Khand, Gomfi Nagar, Lko

Copy to:

- Dean Academics
- Director, IQAC
- HODs of All Concerned Departments
- All Notice Boards

RESOURCE PERSON

Professor Ankita Indu

Indraprastha University, Delhi

ABOUT THE SEMINAR

We see stress as a monster to our peace and health and something we need to battle. But what if we told you that seeing this old foe of ours in a different light could empower us to feel better when faced with it. Here is a revolutionary new way of looking at stress.

Stress is a feeling of emotional or physical tension. It can come from any event or thought that makes you feel frustrated, angry, or nervous. Stress is your body's reaction to a challenge or demand. In short bursts, stress can be positive, such as when it helps you avoid danger or meet a deadline.

Stress is a fact of life, wherever you are and whatever you are doing. You cannot avoid stress, but you can learn to manage it so it doesn't manage you. Changes in our lives—such as going to college, getting married, changing jobs, or illness—are frequent sources of stress. Keep in mind that changes that cause stress can also benefit you. Moving away from home to attend college, for example, creates personal-development opportunities—new challenges, friends, and living arrangements. This seminar will help the participants to develop coping techniques for managing stress.

MANAGING BOARD

Chief Patron

Dr. S.P. Singh General Manager, Lucknow Public College of Professional Studies, Lucknow

Patron

Ms. Garima Singh Director, LPCPS

Copatron

Prof. Anil Singh Principal, LPCPS

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Prof. (Dr.) Laxmi Shankar Awasthi Dean Academics, LPCPS

Co-Convener

Dr. Vrijesh Kumar Pandey (Department of Science) Dr. Nripendra Singh (Department of Science)

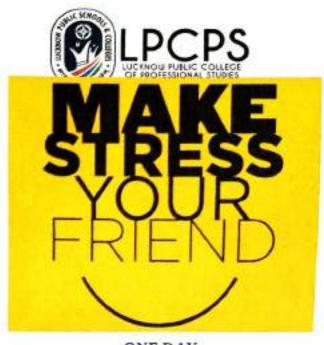
Organizing Secetary

Dr. Abhay Shanker Pandey
(Department of Science)
Dr. Santosh Kumar
(Department of Computer Science) public College of Pudessional Studies

Dr. Karuna Shankar Awasthi (Department of Computer Science)

Organizing Committee

Ms. Saloni Agrawal (Department of Management) Ms. Aanchal Praveen (Department of Arts)



ONE DAY

SEMINAR ON STRESS CAN BE YOUR FRIEND

(2022)

Organized by LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

(LPCPS)

[Affiliated to University of Lucknow, Lucknow, U.P., India]

Vinamra Khand, (Near Kathauta Lake) Gomti Nagar, Lucknow

Date: March 23, 2022 Time: 10:00 AM onwards

ABOUT THE ORGANIZING INSTITUTION



Lucknow Public College of Professional Studies, Lucknow, established in 2009, is a private and multidisciplinary college, affiliated to University of Lucknow, situated at prominent and approachable location at Vinamara Khand, opposite Kathuta Lake, Gomti nagar, Lucknow. The college was established under the aegis of Lucknow Public Educational Society, A-Block, Rajajipuram, Lucknow.

VISION

Excellence for all, Excellence from all is the epitome of our academic eco-system. In a caring and positive environment, the college provides education to enrich its students to manifest their full potential, to achieve high standards of excellence in academic society, research and hands on projects as well as in supportive areas

of vsical, cultural and social development inculcating civic and human values.

MISSION

To nurture individual talent to optimize their full potential and to inculcate professional, social and cultural values through holistic approach by providing world class education.

LPCPS is one of the most coveted institution for admission for Under-graduate programmes in the Northern India. The institute brings together knowledge, research and industry experience at one place and confers upon its graduates, professional degrees which are recognized globally.

The professional degrees offered after the successful completion of the undergraduate programmes which are approved by UGC and other statutory bodies overseeing the running of universities and colleges in India. The degrees are affiliated to the University of Lucknow, one of the oldest and renowned government owned institution of Indian Higher Education.

The spectacular success achieved by the college in such a short time is the result of the foresightedness, exceptionally dynamic leadership and guidance of the visionary Founder & General Manager. The LPCPS board is comprised of highly qualified, enthusiastic and passionate faculty members who are involved in delivering, enriching and empowering students enrolled in various programmes/fields viz- Computer science, Commerce, Management and Journalism, contributes to remarkable and tremendous efforts in shaping and transforming aspirants into Business Leaders, Skilled Managers, and Entrepreneurs.

CERTIFICATES

All attending participants will get certificates after registering their attendance/presence.

VENUE-

Block A LPCPS Campus

For Further Information-

Contact - Dr. Vrijesh Kumar Pandey

Mob: +919473959844 +917011681660 +918957733506

E-Mail- lpcpsconference@gmail.com



LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

(Affiliated to University of Lucknow)
SEMINAR

This is to certify that

PROF. ANKITA INDU

Professor, Indraprastha University, Delhi has successfully imparted her valuable insight as an eminent speaker in the One Day Seminar on "STRESS CAN BE YOUR FRIEND" successfully organized by Lucknow Public College of Professional Studies, Vinamra Khand, Gomti Nagar, Lucknow, India held on 23rd March, 2022.

Garina

Principal

Asingh

Mrs. Garima Singhtnew Public College of Professional Spring. (Dr.) Anil Singh Director, LPCPS Vistamra Khand, Gomanager, Lucknow Principal, LPCPS

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Prof. (Dr.) Laxmi Shankar Awasthi Dean Academics, LPCPS

Website: www.lpcps.org.in

Email: rsrchcelllpcps@gmail.com



LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

(Affiliated to University of Lucknow) SEMINAR

This is to certify that

ASHISH GUPTA

a student of B.COM IV Semester of Lucknow Public College of Professional Studies, Lucknow has participated in the one day seminar on "STRESS CAN BE YOUR FRIEND" successfully organized by Lucknow Public College of Professional Studies, Vinamra Khand, Gomti Nagar, Lucknow, India on 23rd March, 2022.

Garina

Director, LPCPS

Mrs. Garima Singh Vinamra Khand, Comlineger, Luckno Prof. (Dr.) Anil Singh Principal, LPCPS

Prof. (Dr.) Laxmi Shankar Awasthi Dean Academics, LPCPS

Website: www.lpcps.org.in

Email: rsrchcelllpcps@gmail.com



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<u>SEMINAR</u>

This is to certify that

BHAVESH KALRA

a student of B.COM IV Semester of Lucknow Public College of Professional Studies, Lucknow has participated in the one day seminar on "STRESS CAN BE YOUR FRIEND" successfully organized by Lucknow Public College of Professional Studies, Vinamra Khand, Gomti Nagar, Lucknow, India on 23rd March, 2022.

Garina

Principal

Assingh

Mrs. Garima Singh, Director, LPCPS Prof. (Dr.) Anil Singh Principal, LPCPS 1/2

Prof. (Dr.) Laxmi Shankar Awasthi Dean Academics, LPCPS



LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

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This is to certify that

KHUSHI MATHUR

a student of B.COM IV Semester of Lucknow Public College of Professional Studies, Lucknow has participated in the one day seminar on "STRESS CAN BE YOUR FRIEND" successfully organized by Lucknow Public College of Professional Studies, Vinamra Khand, Gomti Nagar, Lucknow, India on 23rd March, 2022.

Garina

Mrs. Garima Singhw Public College of Professional Studies Director, LPCPS Vincinia Khand, Germanagar, Lucknow

Prof. (Dr.) Anil Singh Principal, LPCPS

Prof. (Dr.) Laxmi Shankar Awasthi Dean Academics, LPCPS

Website: www.lpcps.org.in

Email: rsrchcellipcps@gmail.com



LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

(Affiliated to University of Lucknow) SEMINAR

This is to certify that

KUSHAL CHOUDHARY

a student of B.COM IV Semester of Lucknow Public College of Professional Studies, Lucknow has participated in the one day seminar on "STRESS CAN BE YOUR FRIEND" successfully organized by Lucknow Public College of Professional Studies, Vinamra Khand, Gomti Nagar, Lucknow, India on 23rd March, 2022.

Garina

Mrs. Garima Singh pow Public College of Professional Stud Director, LPCPS

Vinantia Khand, Gerillinegar, Lucknow Prof. (Dr.) Anil Singh Principal, LPCPS

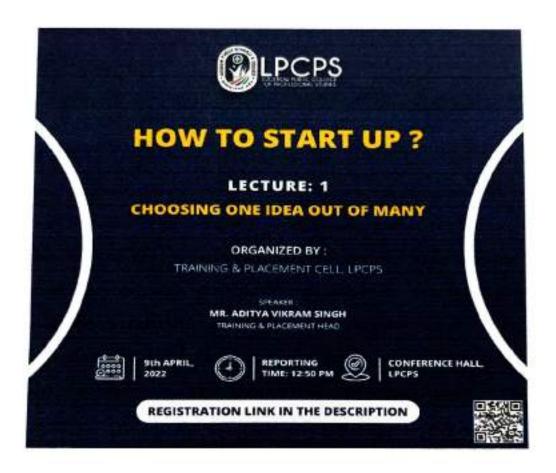
Prof. (Dr.) Laxmi Shankar Awasthi Dean Academics, LPCPS

LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES

ONE DAY SEMINAR ON HOW TO

START UP

(9TH APRIL, 2022)



A seminar was designed and curated by the Training and Placement cell of LPCPS. The keynote speaker of these lectures was Mr. Aditya Vikram Singh, the Training and Placement Head at LPCPS. The lecture on"How to choose one idea from many" was delivered well by Mr. Aditya Vikram Singh on 9th April 2022, at 12.50 PM in the conference hall of LPCPS.

Principal

Principal

Lucknow Public College of Professional Studies

Varanta Khand, Gombasgar, Lucknow

Registration link was sent to the students to enroll and register. Also, announcements were made by the LTF Academic Head in each and every class mentioning the entire details and the perks of attending the session. No fee was charged from students, it was free of cost.

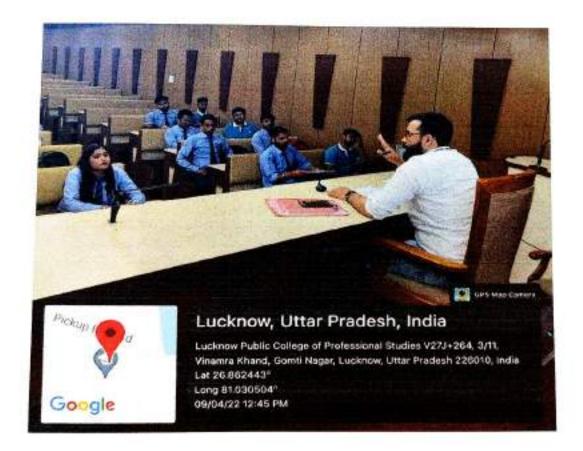
LPCPS brings to you paved ways towards Entrepreneurship.

We are organizing a seminar on "How to Start Up" for the budding entrepreneurs to take over their goals in lives.

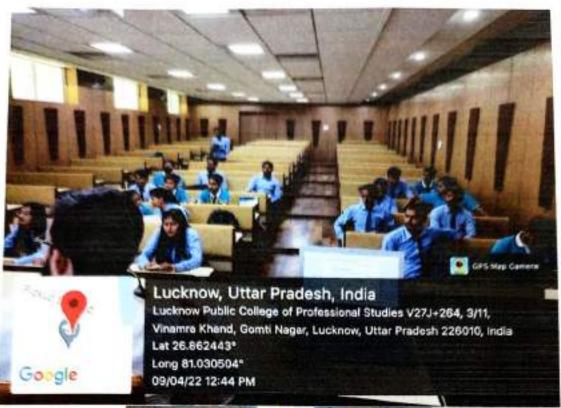
Link to the registration:

https://forms.gle/YNV7AHHuAqQiUGWw5

The students were explained about entrepreneurship, business, how to grow as an individual, how to be creative and innovative besides cognitive learning and emotional intelligence. The lecture was of 1 hour 15 mins which included introduction about the lecture, and was concluded with a Q and A session.









Principal

Principal

Principal

Professional Studies

Vinante Khana, Comlinagar, Lucknow

Vinante Khana, Comlinagar, Lucknow

LUCKNOW PUBLIC COLLEGE OF PROFESSIONAL STUDIES ONE DAY SEMINAR ON HOW TO START UP April 9, 2022 ATTENDANCE SHEET FULL NAME Course SIGNATURE SN own ANUSHKA JAIN B COM IV Semester verando B COM IV Semester DEVANSH SINGH ~ Verue 3 MUSKAN VERMA B COM IV Semester B COM IV Semester PRIYA SINGH NEHA YADAV B COM VI Semester 5 OJAS SAHU B COM VI Semester 6 PRAGYA SINGH B COM VI Semester 8 AMAN KATIYAR BCA IV Semester HARDIK PANDEY BCA IV Semester BCA IV Semester 10 SHRUTI SINGH BCA VI Semester AMAN KUMAR SINGH 11 BCA VI Semester 12 KUSHAL GURNANI BCA VI Semester 13 PRIYANKA GIRI ia shaun BCA VI Semester 14 RIYA SHARMA B Sc IV Semester 15 ANKUL VERMA B Sc IV Semester 16 SHALINI YADAV B Com (H) IV Semester 17 AKARASH GUPTA B Com (H) IV Semester 18 ANJALI SINGH B Com (H) IV Semester 19 RIYA B Com (H) IV Semester 20 SHRISTI RAWAT

Principal

Lucknow Public College of Professional Studies

Vinamra Khand, Gomhnagar, Lucknow